

HOW AND WHEN TO DECIDE SURGERY IN OTOSCLEROSIS ?

■ B. FRAYSSE



SHANGHAI

November 30th - December 4th, 2025

HISTORY PAST

■ VASALVA



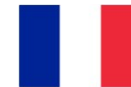
► Stapes fixation



1715

■ MIOT

► Stapes mobilisation

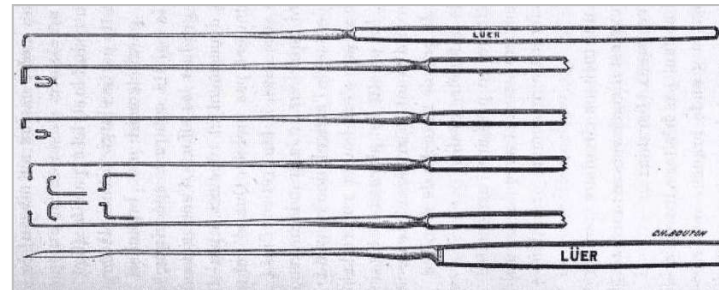
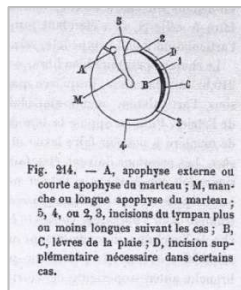


1890

Miot C.

De la mobilisation de l'étrier

Rev. Laryngol., Paris, 1890, 10, 49-66, 83-89, 113-130, 145-162, 200-215



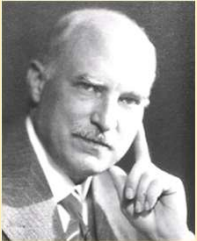
■ DENWER

► « *Hearing surgery has no future* »

1904

HISTORY

■ HOLMGREN



► Utilise des lunettes loupes dans la chirurgie de l'oreille

1922

■ SOURDILLE



► Fenestration surgery

1929

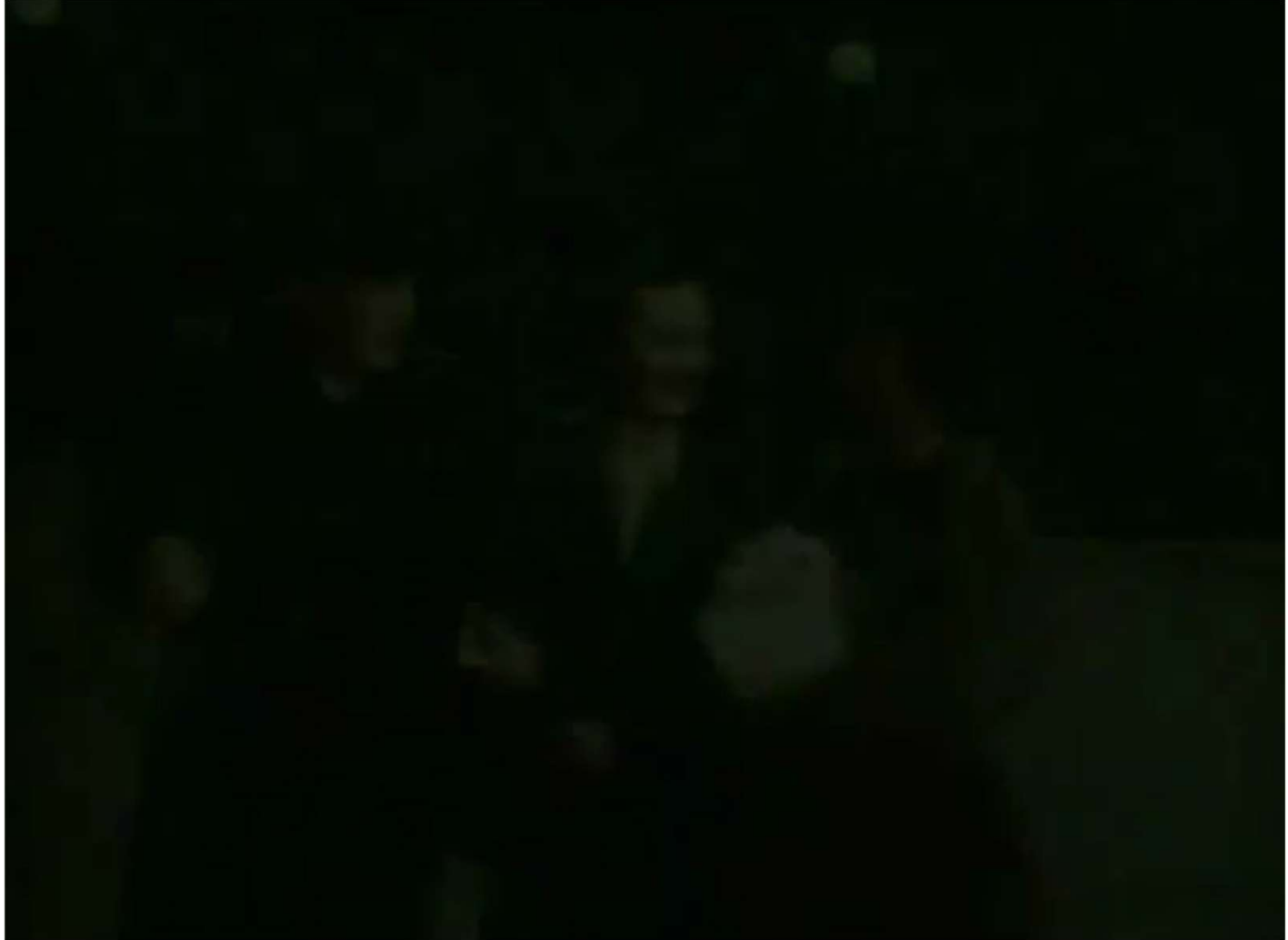
■ LEMPERT



► One stage fenestration

Lempert J.
« Improvement in hearing in cases of otosclerosis :
a new one-stage surgical technic »
Arch. Otolaryngol., 1938; 28:42-97

1938



HISTORY

■ ROSEN

▶ Stapes mobilisation

1953



Rosen S.
Mobilization of the stapes to restore hearing in otosclerosis
New-York, St. J. Med., 1953, 2650-2653

■ SHEA

▶ First stapédectomy

1956



Shea J.J.
Fenestration of the oval window
Ann. Otol. St Louis, 1958, 67, 932-951



GOAL OF THE PRESENTATION

- To discuss the various factors which may influence the decision in counselling patient between :

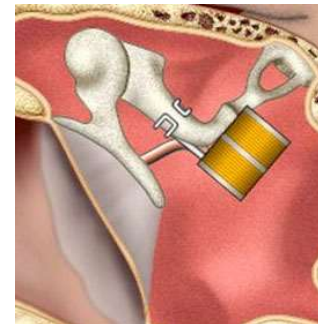
- Hearing aid

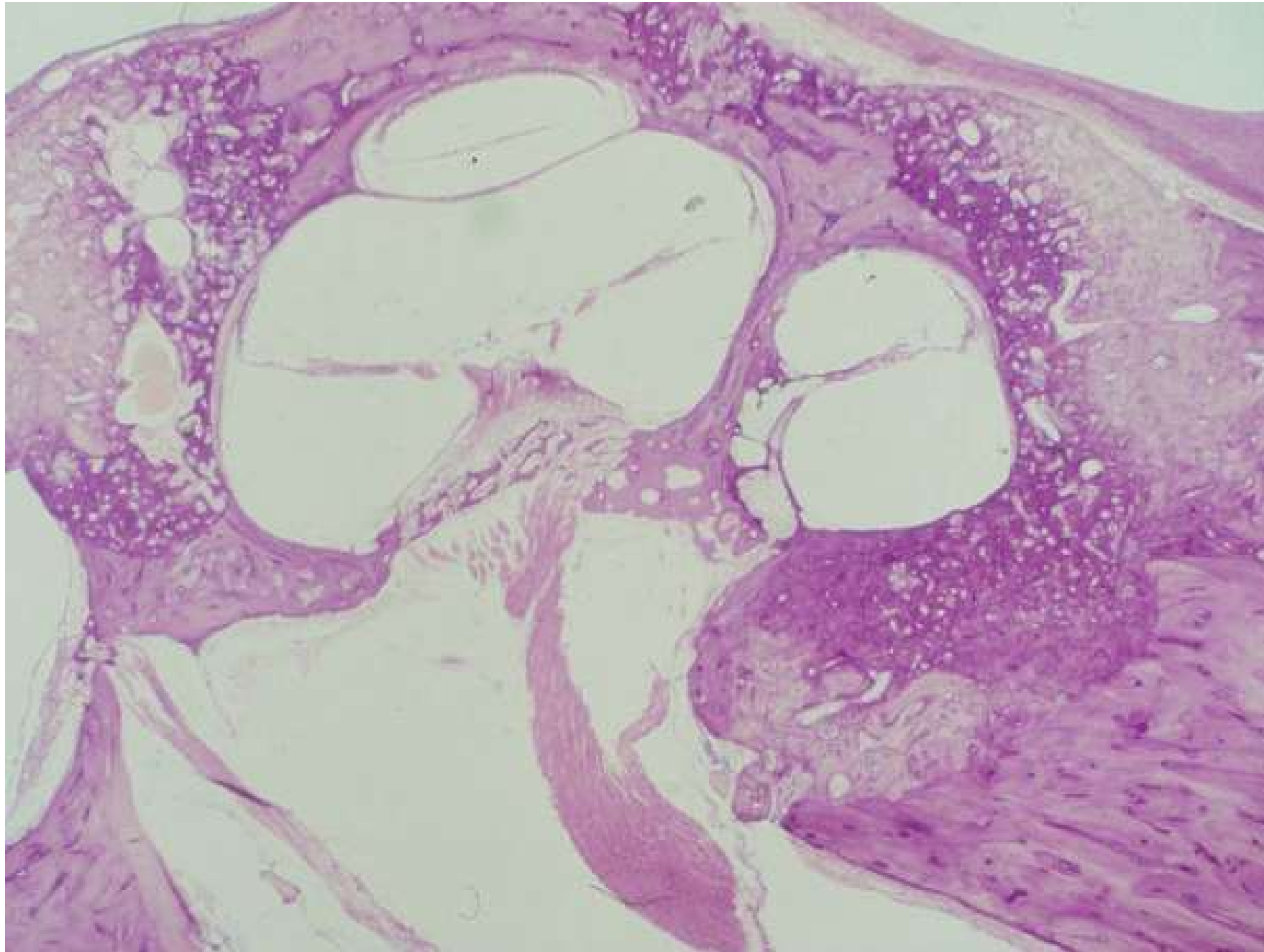


- Stapes surgery



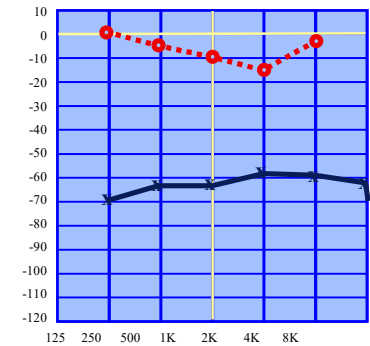
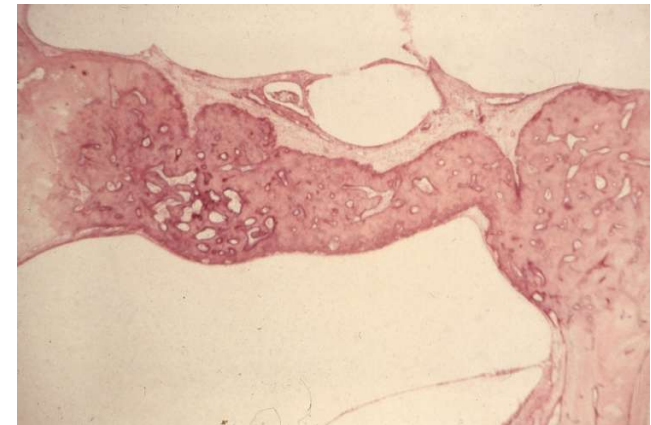
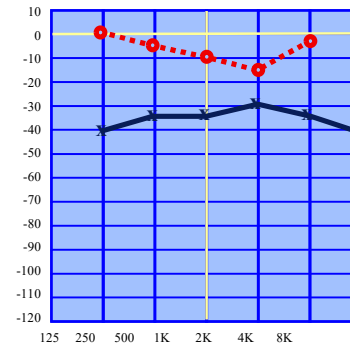
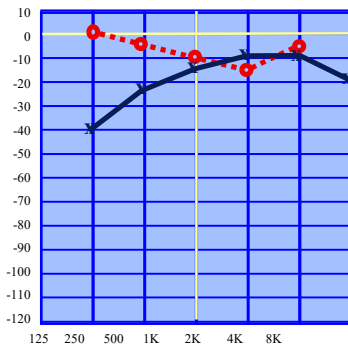
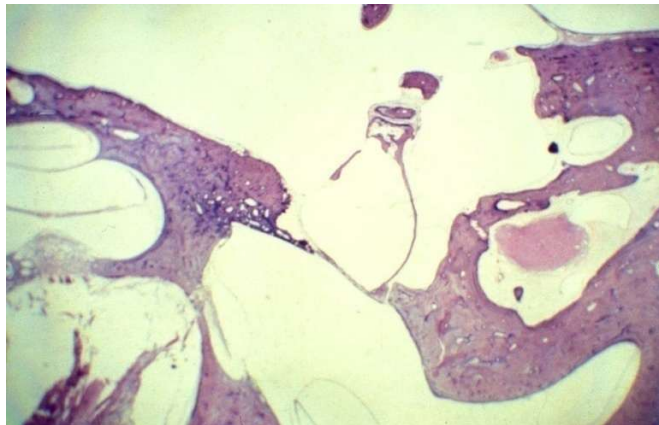
- Auditory implant





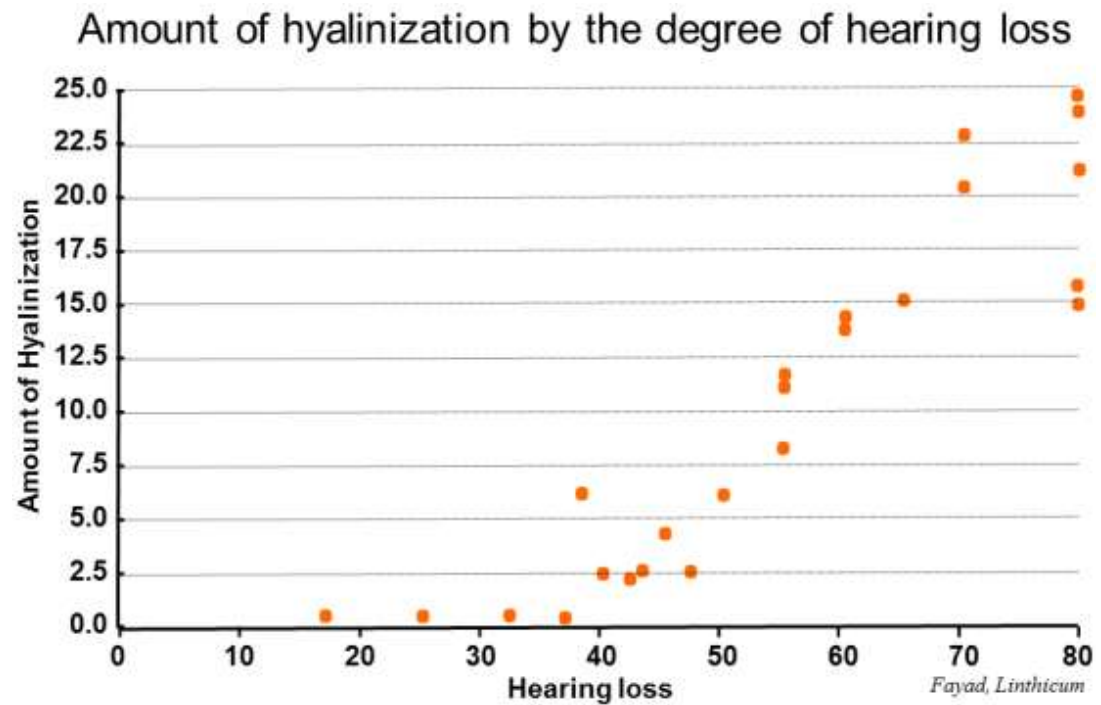
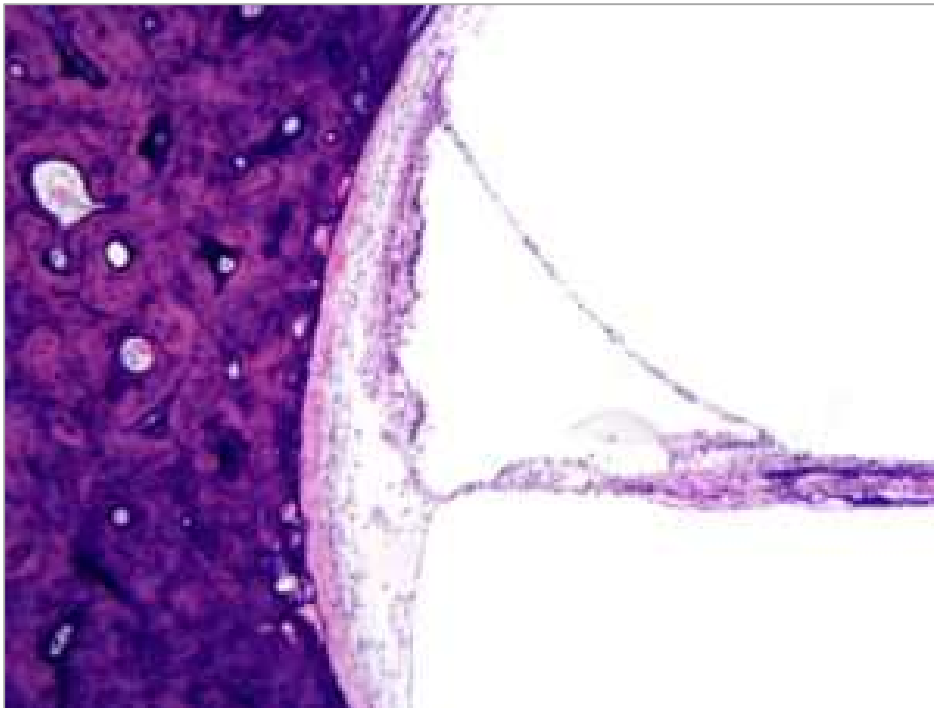
CONDUCTIVE HEARING LOSS

DEGREE OF STAPES FIXATION



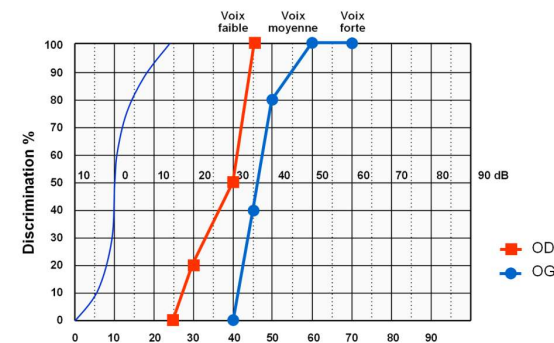
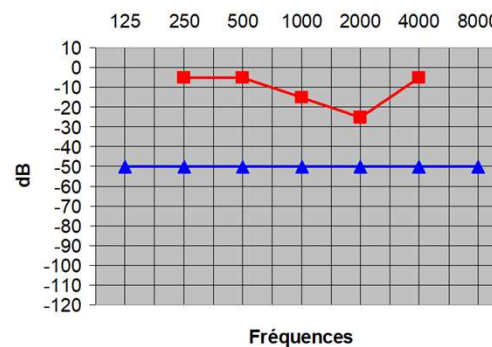
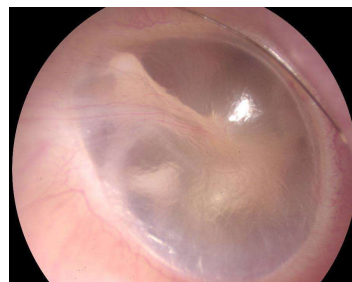
SENSORINEURAL HEARING LOSS

DEGREE OF HYALINIZATION



THE DIAGNOSIS OF OTOSCLEROSIS IS MAINLY CLINICAL

- Clinical history
- Tuning fork
- Clinical audiometry



DO WE NEED A CT-SCAN IN THE MANAGEMENT OF OTOSCLEROSIS PATIENT ?



Otolaryngology
34:55-60 © 2013, Otolaryngology & Neurotology, Inc.

The Role of Imaging in the Diagnosis and Management of Otosclerosis

*Jagdeep Singh Virk, *Arvind Singh, and †Ravi Kumar Lingam

*ENT Department, and †Radiology Department, Northwick Park Hospital, North West London
NHS Trust, Harrow, U.K.

- It is obvious than the diagnosis of otosclerosis is mainly based on clinical history, otoscopic examination and audiometric testing.

Otolaryngology
37:9-15 © 2013, Otolaryngology & Neurotology, Inc.

A Systematic Review of the Diagnostic Value of CT Imaging in Diagnosing Otosclerosis

*†Inge Wegner, *Anne M. A. van Waes, *†Arnold J. Bittermann, *Sophie H. Buitinck,
*Caroline F. Dekker, *Sophie A. Kurk, *Matea Rados, and *†Wilko Grolman

*Department of Otorhinolaryngology-Head and Neck Surgery; and †Brain Center Rudolf Magnus,
University Medical Center Utrecht, Utrecht, The Netherlands

- But the role of CT-Scan in the preoperative evaluation of potential surgical candidat is multiple
 - ① To confirm a doubtful diagnosis
 - ② Anticipate the surgical difficulties
 - ③ To analyse the cause of failure



SPECIFICITY / SENSITIVITY

Otology & Neurotology
30:1152-1159 © 2009, Otology & Neurotology, Inc.

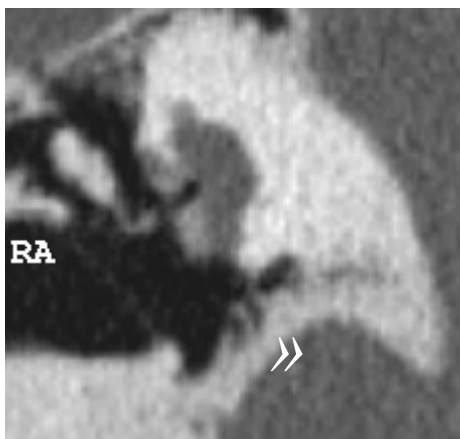
Reliability of High-Resolution CT Scan in Diagnosis of Otosclerosis

*Sebastien Lagleyre, *Tommaso Sorrentino, *Marie-Noelle Calmels,
*Young-Je Shin, †Bernard Escudé, *Olivier Deguine, and *Bernard Fraysse

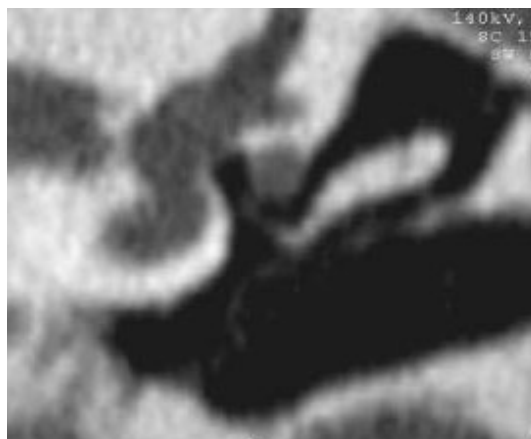
CY-SCAN	N	POSITIVE SURGICAL OTOSCLEROSIS	OTHER DIAGNOSIS	
POSITIVE CT-SCAN	194	193	1	Specificity 99.1%
NEGATIVE CT-SCAN	15	10 *	5	Sensitivity 95%
TOTAL	209		6	

* The high specificity may be due to the inclusion criteria and advancement in scanner

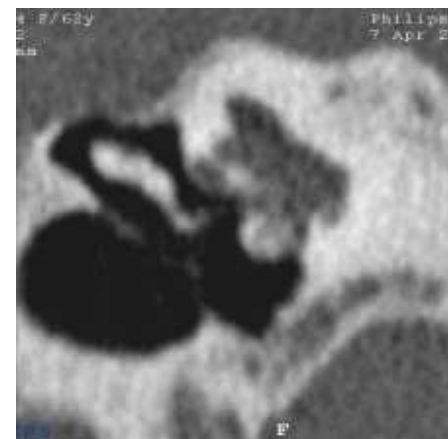
ANATOMICAL DIFFICULTIES



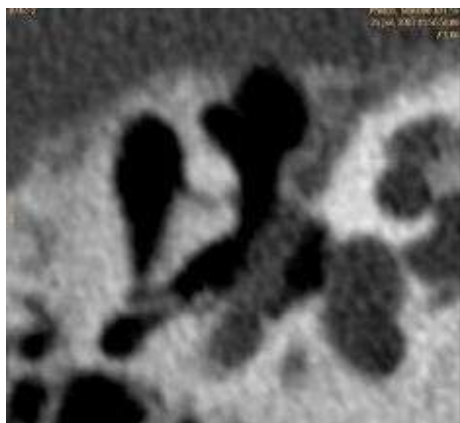
● Small fenestra



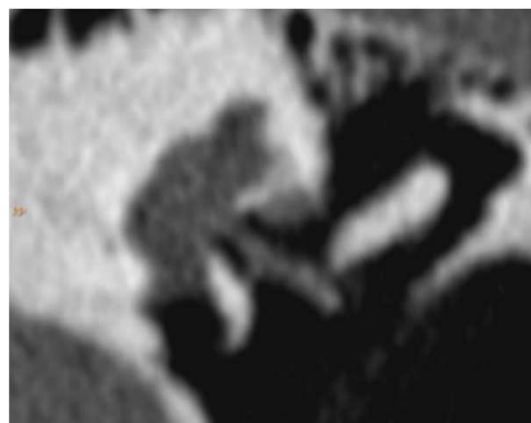
● Facial déhiscence



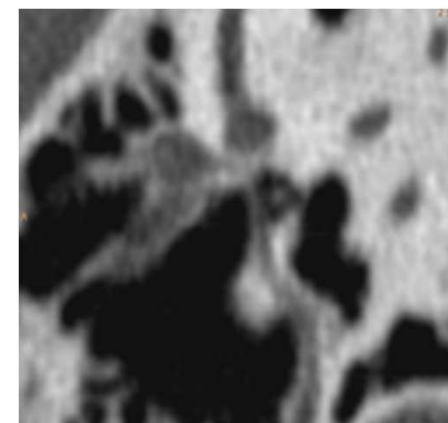
● Obliteration footplate



● Malleus fixation



● Lysis of incus



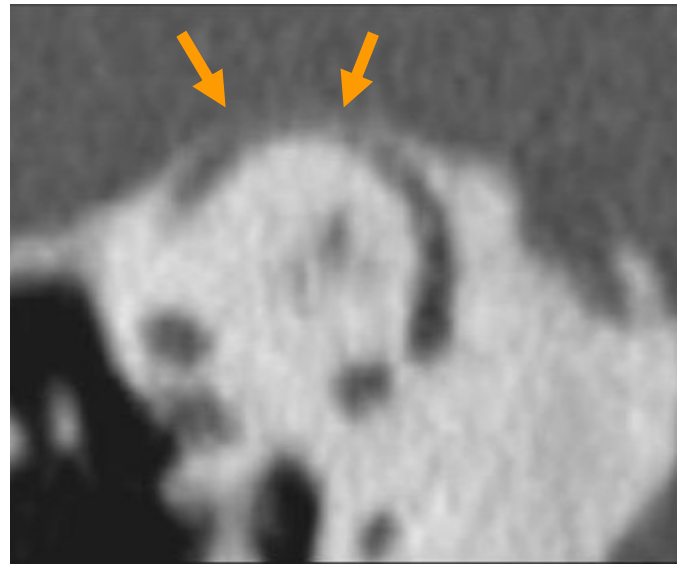
● Stapedial artery

COUNSELING PATIENTS IN CASE OF NEGATIVE CT-SCAN

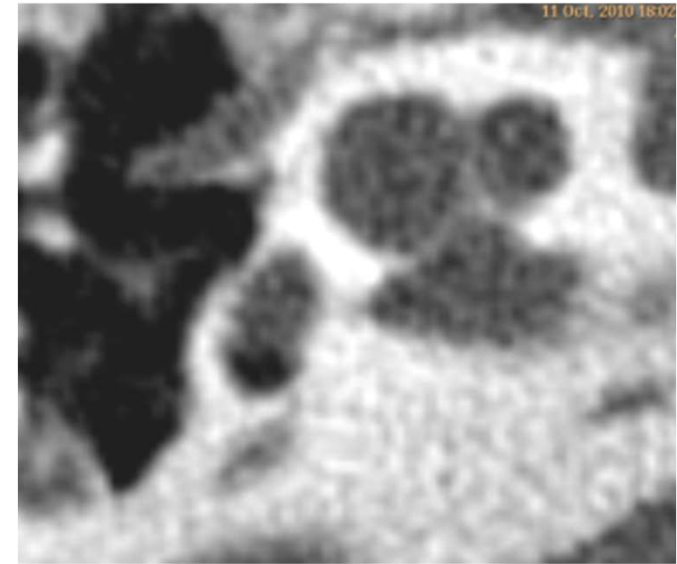
Inner ear conductive HL



▲ Enlarged ▲
vestibular aqueduct



▲ Superior semicircular ▲
canal dehiscence



▲ Modiolus malformation ▲

PHOTON-COUNTING CT vs HIGH RESOLUTION CT

■ HRCT :

- In HRCT, photons are first converted into visible light by a scintillator and then into an electrical signal.
- This multistep process introduces signal noise



■ PCCT :

- In contrast, in this case the photons are directly converted into electrical signals



INTEREST PCCT vs HRCT

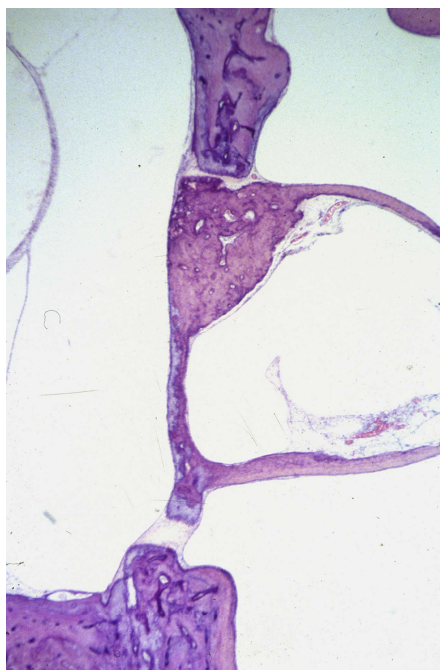
Imaging Case of the Month

Photon-Counting CT Reveals Radiologically Occult Otospongiosis : A Case Report

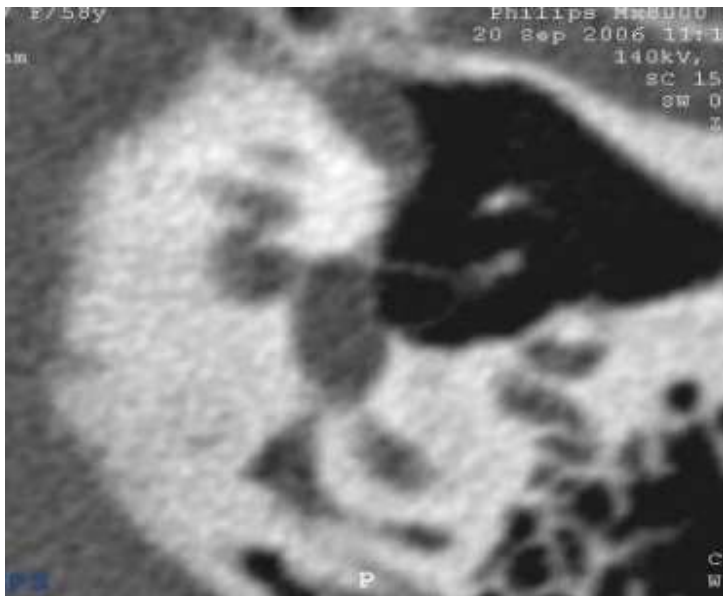
Anna Dordonnat, Neil Grislain, Gabriel Garcia, Jean-Noël Vallée, Michael Eliezer

- Better resolution : 0,2mm/0,6mm
- Reduction of artefacts
- Better contrast
- Less radiation ↘ 50%

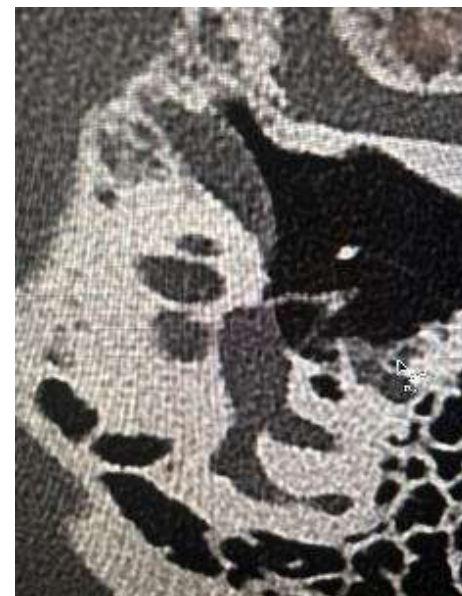
Histology

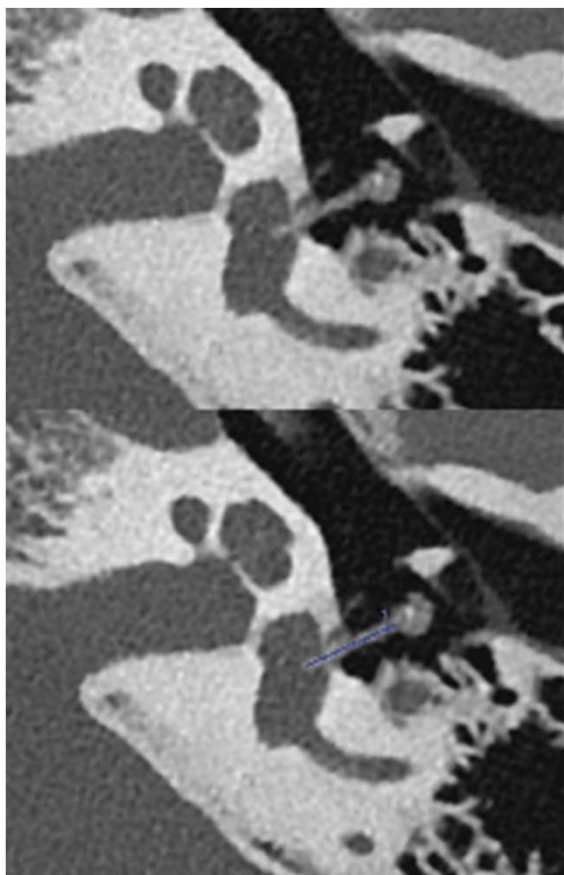


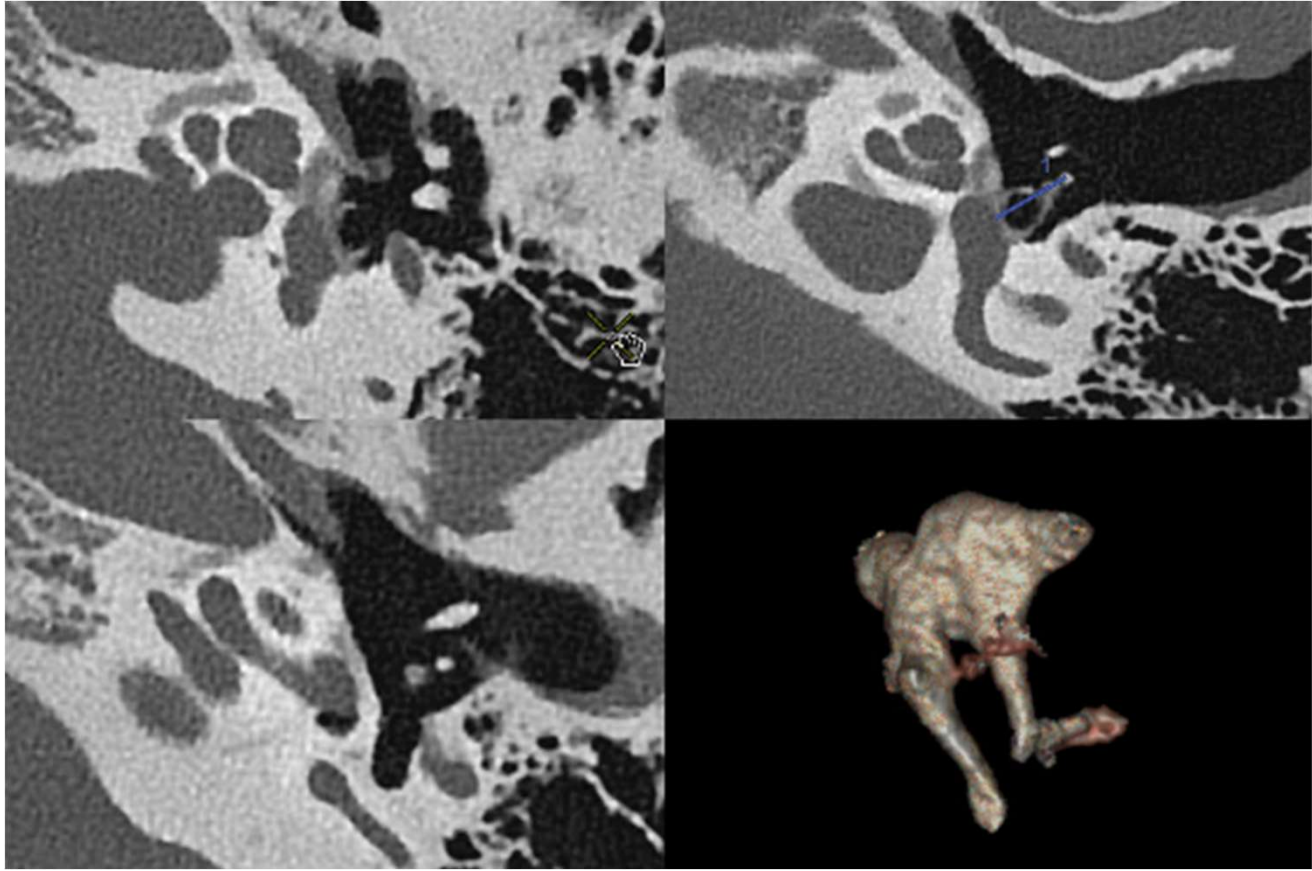
HRCT



PCCT







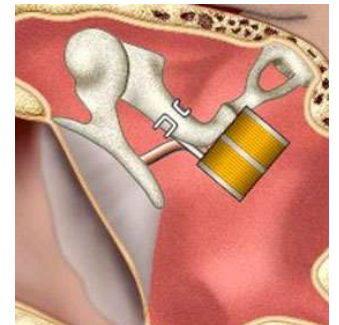
THERAPEUTIC OPTION

■ Medical treatment

■ Hearing aid

■ Surgery

■ Auditory implants

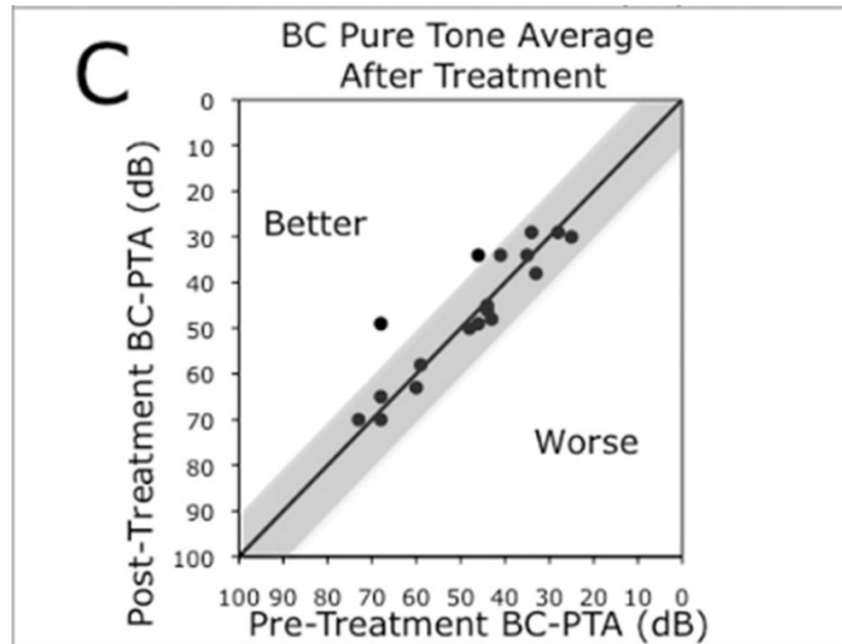
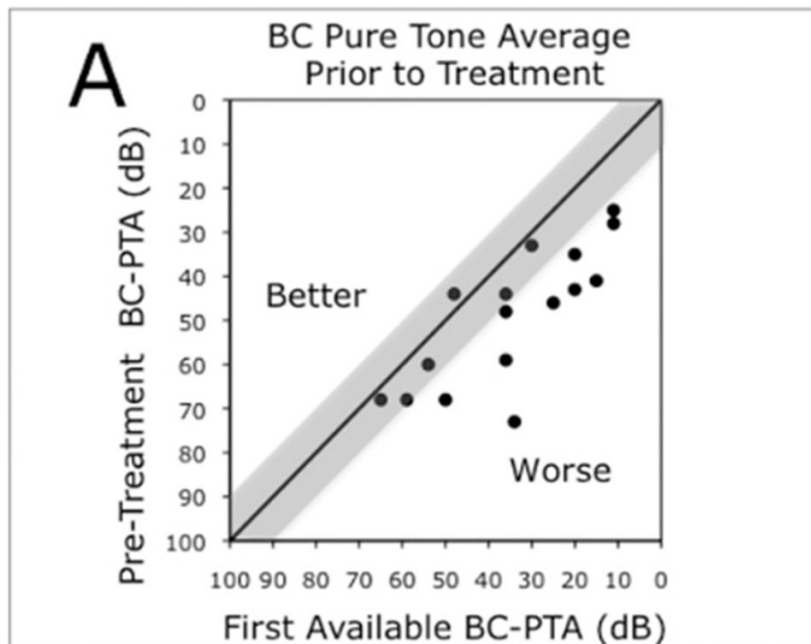


MEDICAL TREATMENT

Otology & Neurotology
33:1308-1314 © 2012, Otology & Neurotology, Inc.

Third-Generation Bisphosphonates for Treatment of Sensorineural Hearing Loss in Otosclerosis

*†Alicia M. Quesnel, ‡Margaret Seton, *†Saumil N. Merchant,
†§Christopher Halpin, and *†Michael J. McKenna



Fosamax® 70mg : 1p/WEEK (6 months)

HEARING AID AMPLIFICATION IN CONDUCTIVE AND MIXED HEARING LOSS

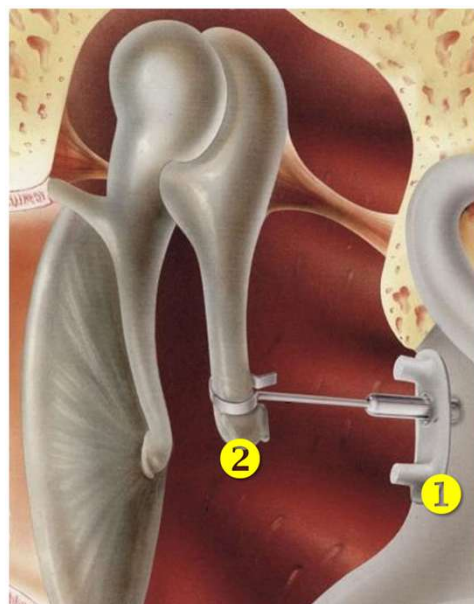
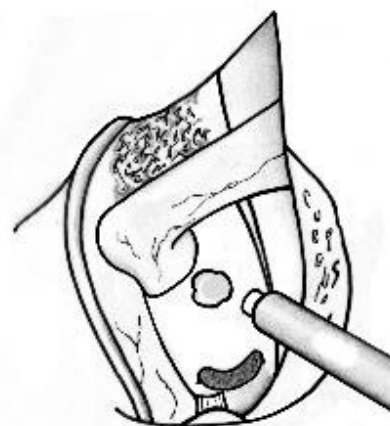
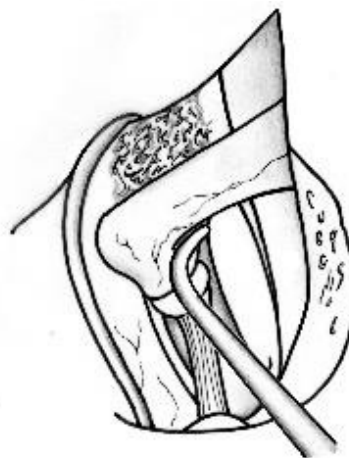
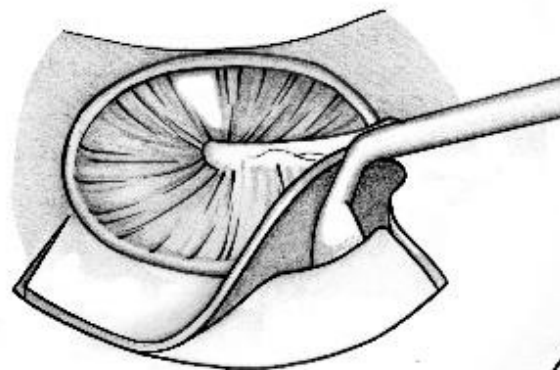
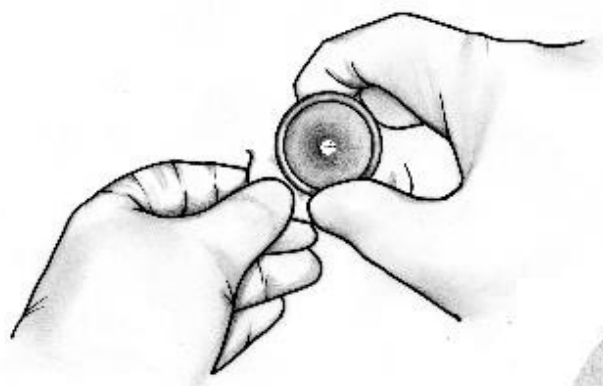


- The adaptation is easiest due to the good cochlear function
- The hearing aid amplification should
 - Compensate the sensorineural part of the loss
 - Additional gain at each frequency to correct the conductive loss
 - Due to the conductive component on low frequency an occluded ear mold may be used



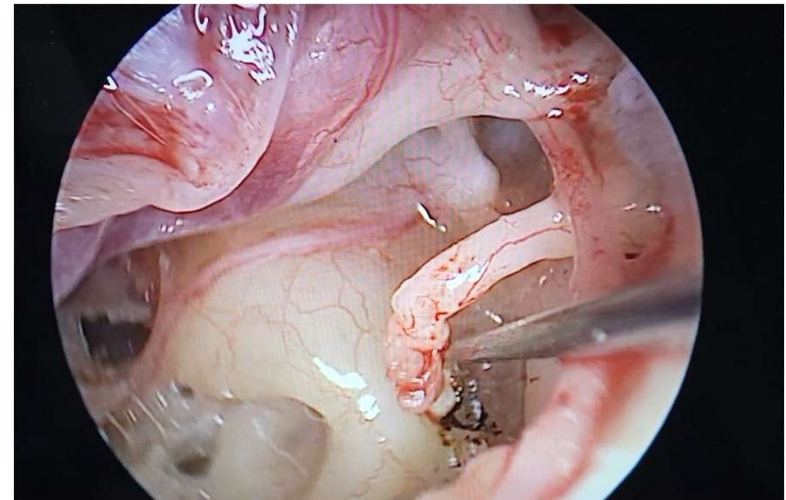
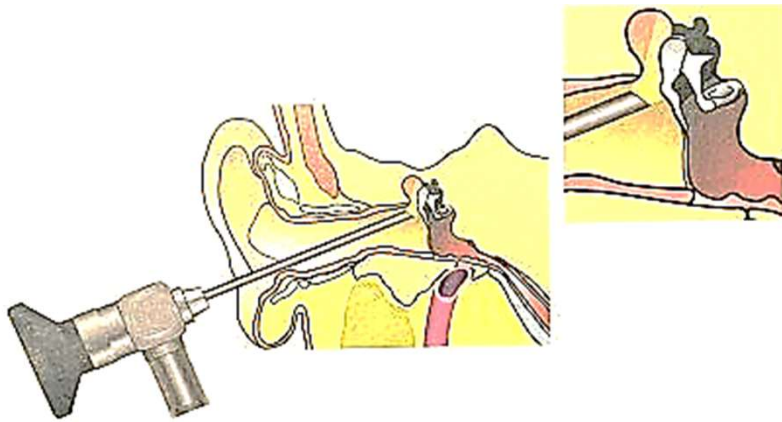
SURGICAL TECHNIQUE







ENDOSCOPIC STAPEDOTOMY



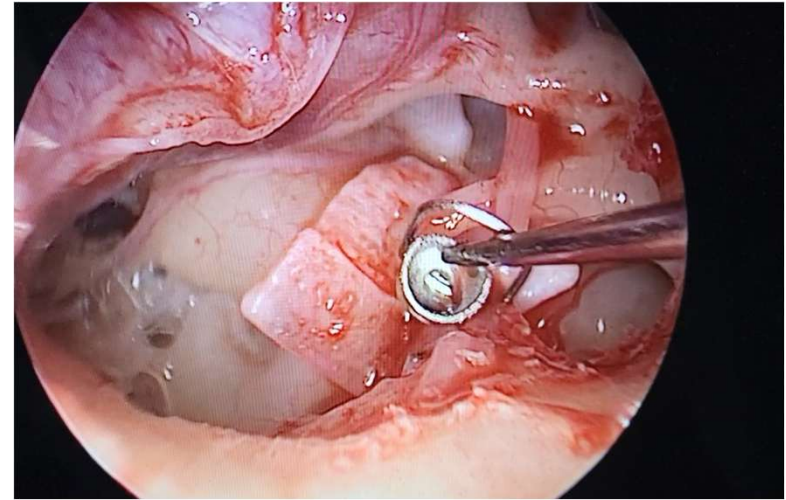
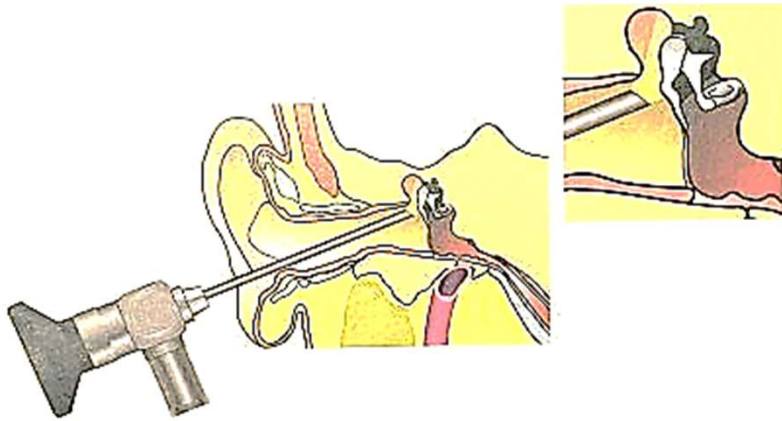
FOR

- Better visualisation of the footplate
- Safer on the corda tympani

AGAINST

- Manipulation of the footplate and piston more difficult training

COMPARAISON ENDOSCOPE vs MICROSCOPE DANS LA CHIRURGIE STAPÉDIENNE



FOR

- Better visualisation of the footplate
- Safer on the corda tympani

AGAINST

- Manipulation of the footplate and piston more difficult training

Meta-Analysis > Otol Neurotol. 2025 Oct 1;46(9):1022-1030.

doi: 10.1097/MAO.0000000000004606. Epub 2025 Aug 4.

Stapedotomy in Otosclerosis: A GRADE-Guided Systematic Review and Meta-analysis of Endoscopy vs. Microscopy

Mina Botros, Merna Raafat Roshdy, Abanoub Mokhles, George Karas, Samer Sameh Bedwany

No significant difference on

- Audiological results
- Surgical times
- Complications

Except

- Less dysgensia

DECISION IN COUNCELLING

- 1 Hearing aid is the only option due to surgical **contra indication**
- 2 The two options are needed due to restaure **binaural** hearing
- 3 The two options are **possible**

The American Journal of Otology
19:544-545 © 1998, The American Journal of Otology, Inc.

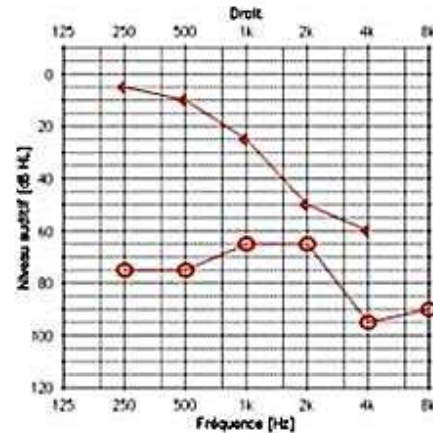
Is Stapedectomy Ever Ethical? *Editorial Response*

John J. Shea, Jr.

ONLY HEARING EAR IN THE ERA OF CI

Case 1

- M – 49 years old

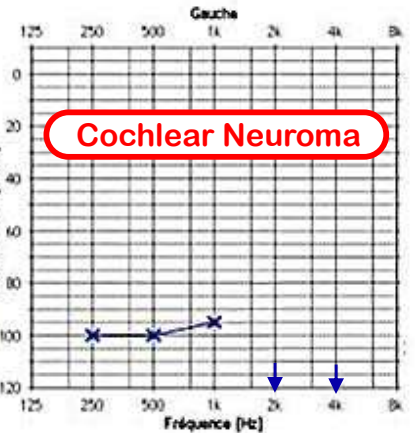


Rinne	D	B	G
CPT-AWA [s]	61.3	54.7	
PTA [dB]	71.8	61.9	64.4
PA [dB]	78.8		71.8

Sans masque	D	B	G
CA	0	0	0
CO	0	0	0
CL	0	0	0
CL proth.	0	0	0
Sens. incon.	0	0	0
A. masqué	0	0	0
Pas entendu	0	0	0

Masqué	D	B	G
CA	0	0	0
CO	0	0	0
CL	0	0	0
CL proth.	0	0	0

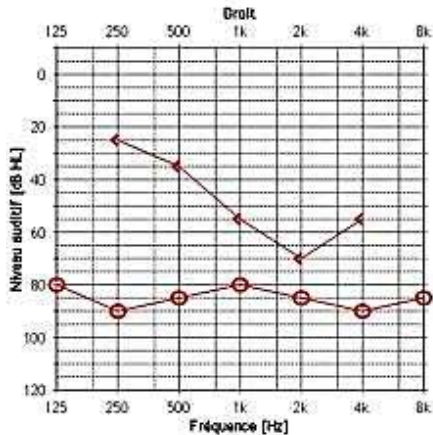
Weber	250	500	1k	2k	4k



Cochlear Neuroma

Case 2

- W – 55 years old

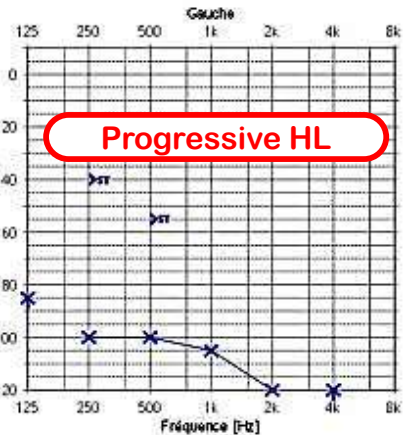


Rinne	D	B	G
CPT-AWA [s]	56.1	50.0	
PTA [dB]	65.0	58.1	111.3
PA [dB]	83.5		

Sans masque	D	B	G
CA	0	0	0
CO	0	0	0
CL	0	0	0
CL proth.	0	0	0
Sens. incon.	0	0	0
A. masqué	0	0	0
Pas entendu	0	0	0

Masqué	D	B	G
CA	0	0	0
CO	0	0	0
CL	0	0	0
CL proth.	0	0	0

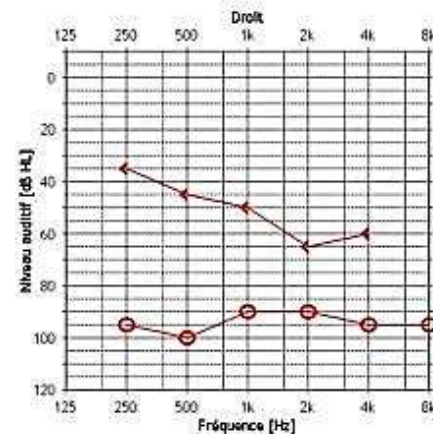
Weber	250	500	1k	2k	4k



Progressive HL

Case 3

- W – 65 years old

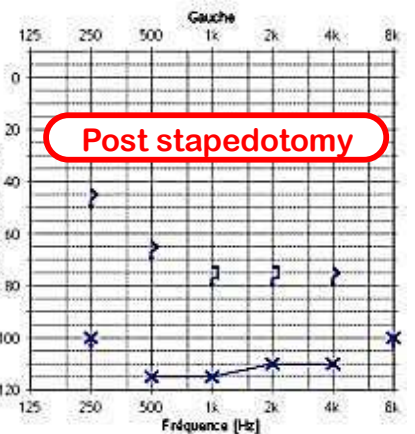


Rinne	D	B	G
CPT-AWA [s]	99.1	100.0	
PTA [dB]	93.8	103.1	112.5
PA [dB]	92.5		113.0

Sans masque	D	B	G
CA	0	0	0
CO	0	0	0
CL	0	0	0
CL proth.	0	0	0
Sens. incon.	0	0	0
A. masqué	0	0	0
Pas entendu	0	0	0

Masqué	D	B	G
CA	0	0	0
CO	0	0	0
CL	0	0	0
CL proth.	0	0	0

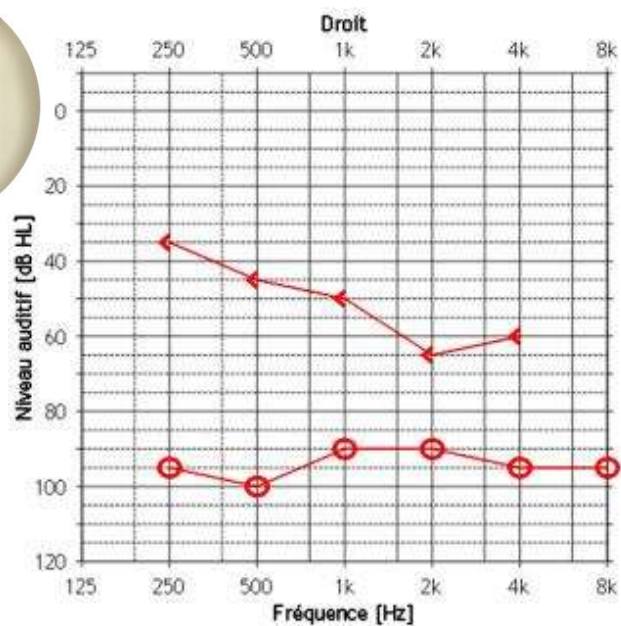
Weber	250	500	1k	2k	4k



Post stapedotomy

SURGICAL DECISION

Second stage : Stapedotomy

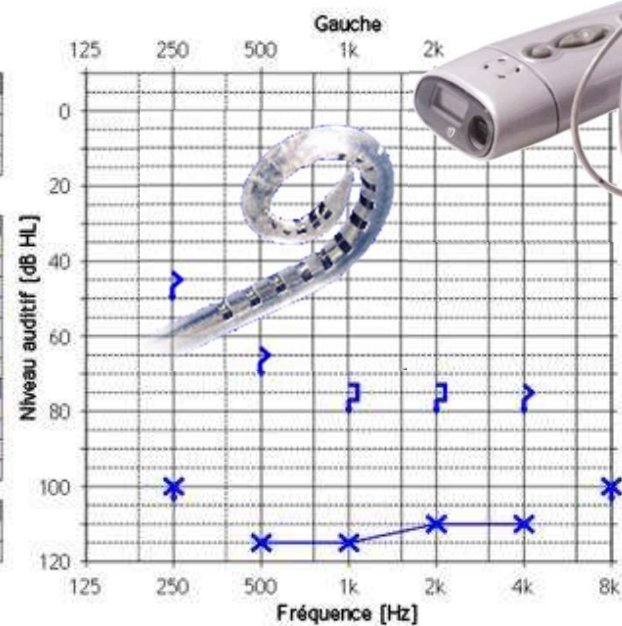


	D	B	G
Rinne			
CPT-AMA [%]	99.1		100.0
PTA [dB]	93.8	103.1	112.5
PA [dB]	92.5		113.0

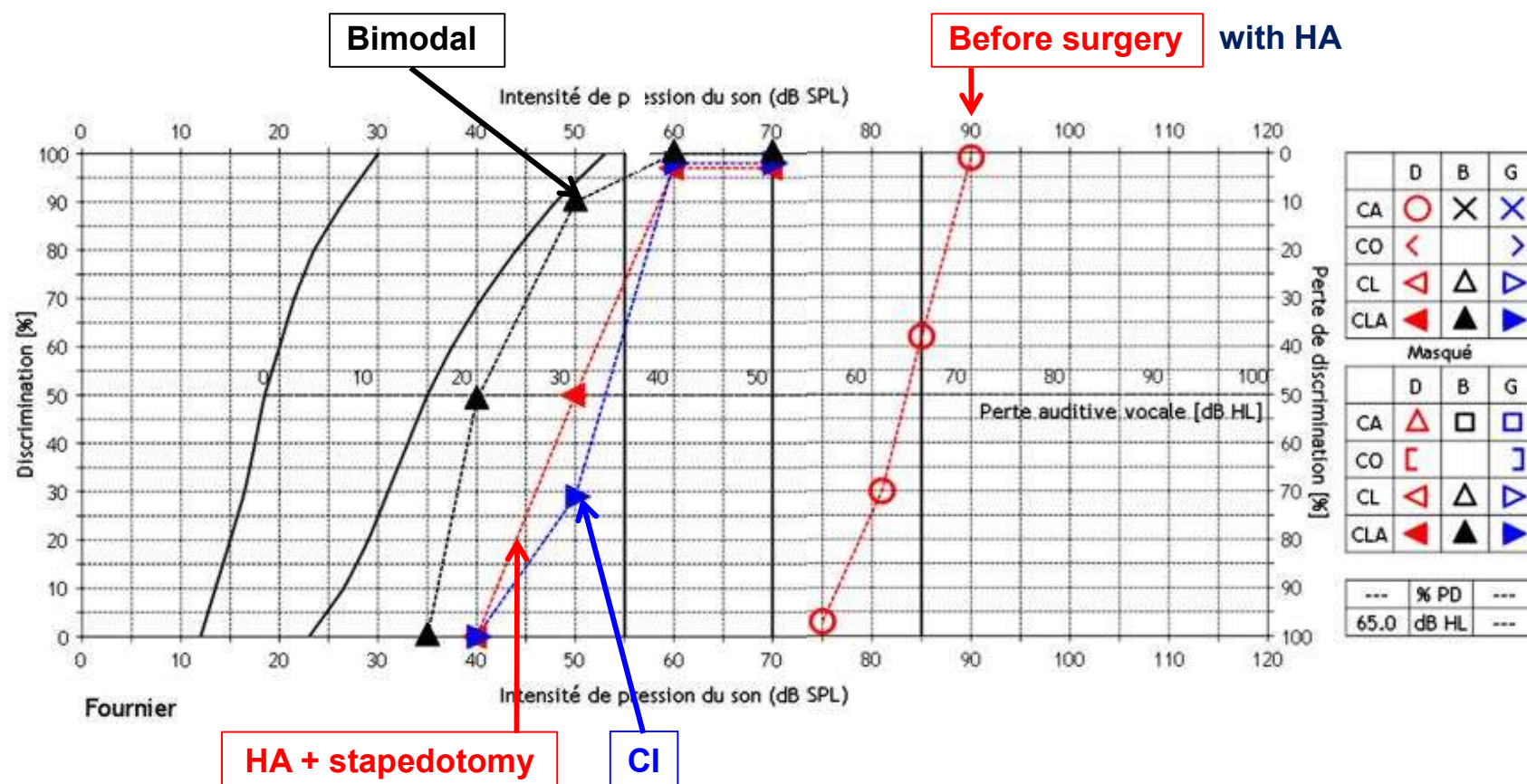
Sans masquage			
CA	○		×
CO	<		>
CL	△	△	▽
CL proth.	△	▲	▽
Seuil incon.	m		m
A. masqué	T		T
Pas entendu	I	I	I

Weber				
250	500	1k	2k	4k

First stage : CI



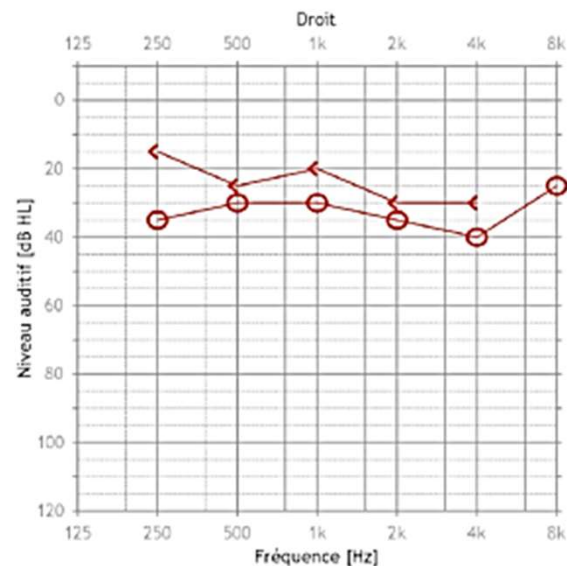
SPEECH DISCRIMINATION RESULTS



TWO OPTIONS ARE NEEDED

■ 59 years old woman

- The optimal gain provide undesirable audiometric effects
- It is not possible to provide enough gain to compensate

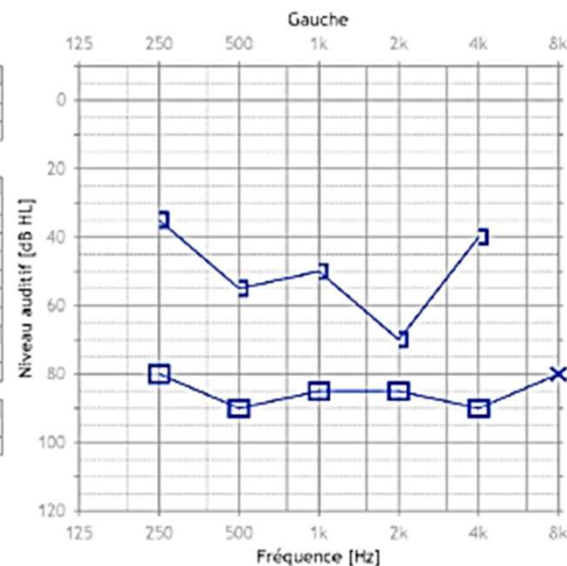


	R	B	L
Rinne			
CPT-AMA (%)	22.8		97.2
PTA [dB]	34	61	88

Sans masquage			
CA	○		×
CO	<		>
CL	△	⊗	▽
CL proth.	▲	■	▼
Seuil Incon.	m		3
A. masqué	T		T
Pas entendu	I	I	I

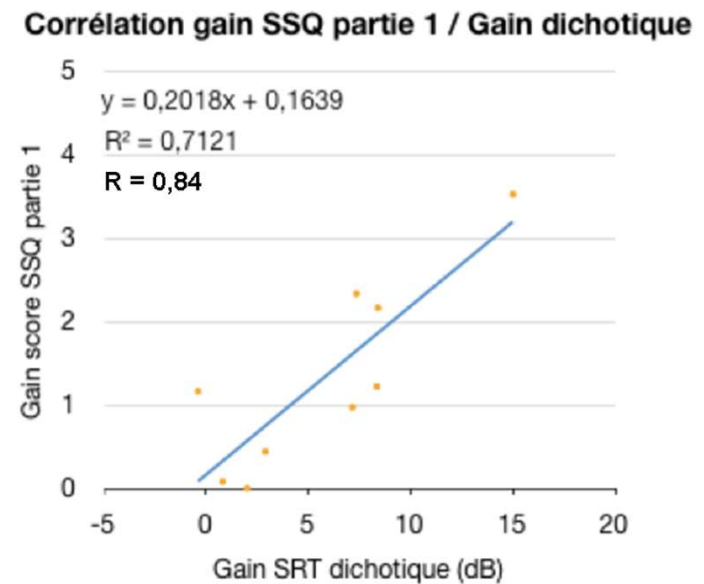
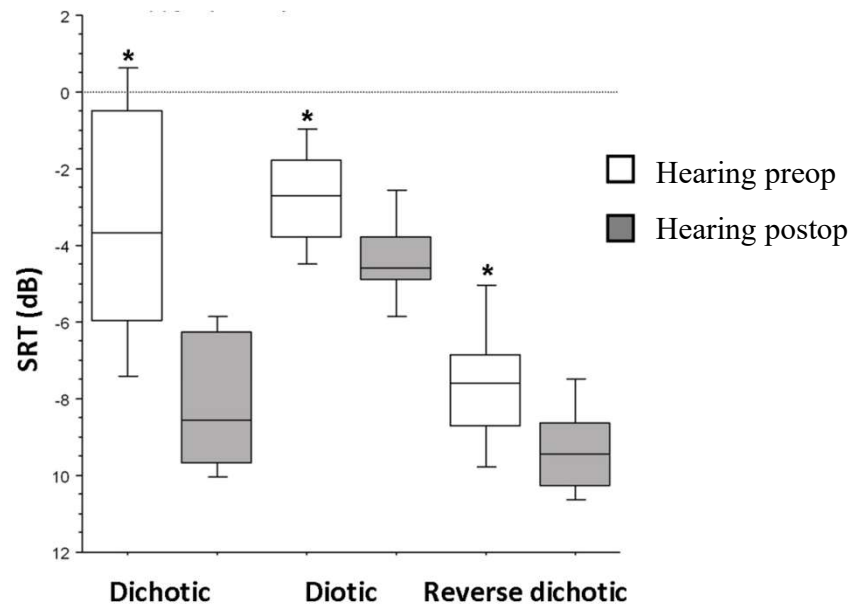
Masqué			
CA	△		□
CO	ε]

Weber				
250	500	1k	2k	4k
♦	♦	♦	♦	♦



BINAURAL HEARING IN OTOSCLEROSIS

Thesis B. LESCURE : 39 unilateral otosclerosis



- Improvement of binaural effect in all cases event without a complete symmetrical hearing
- Strong correlation between gain and quality of live (SSQ)

THE TWO OPTIONS ARE POSSIBLE BETWEEN HEARING AIDS AND STAPEDOTOMY

Are the audiological results the same ?

STUDY DESIGN

> Otol Neurotol. 2022 Aug 1;43(7):773-780. doi: 10.1097/MAO.0000000000003585.

Stapedotomy Versus Hearing Aids in the Management of Conductive Hearing Loss Caused by Otosclerosis: A Prospective Comparative Study

Charles-Edouard Molinier¹, Yohan Gallois¹, Olivier Deguine¹, Gaetan Iversenc¹, Olivier Vales², Soumia Taoui¹, Benoit Lepage³, Bernard Fraysse¹, Mathieu Marx¹

- Prospective longitudinal cohort study of patients treated by hearing aid followed by stapedotomy



EVALUATION OF OUTCOMES

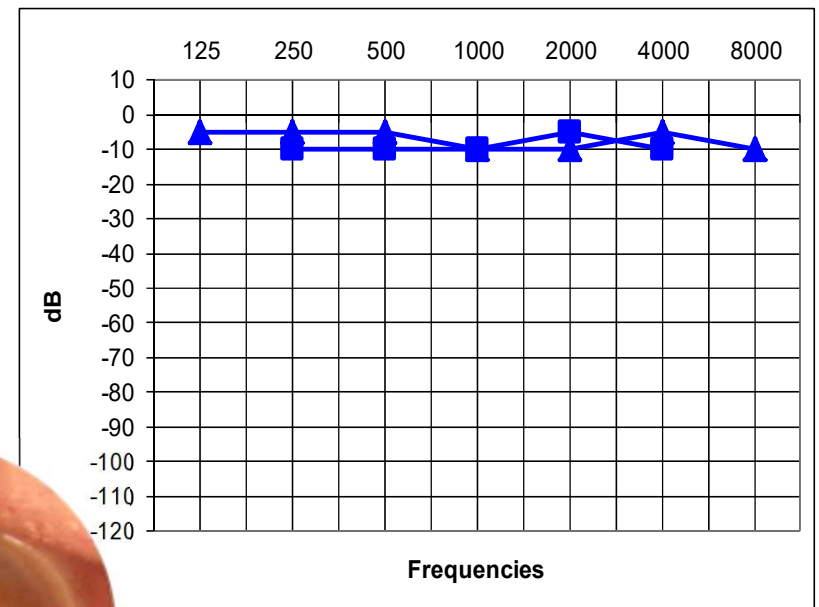
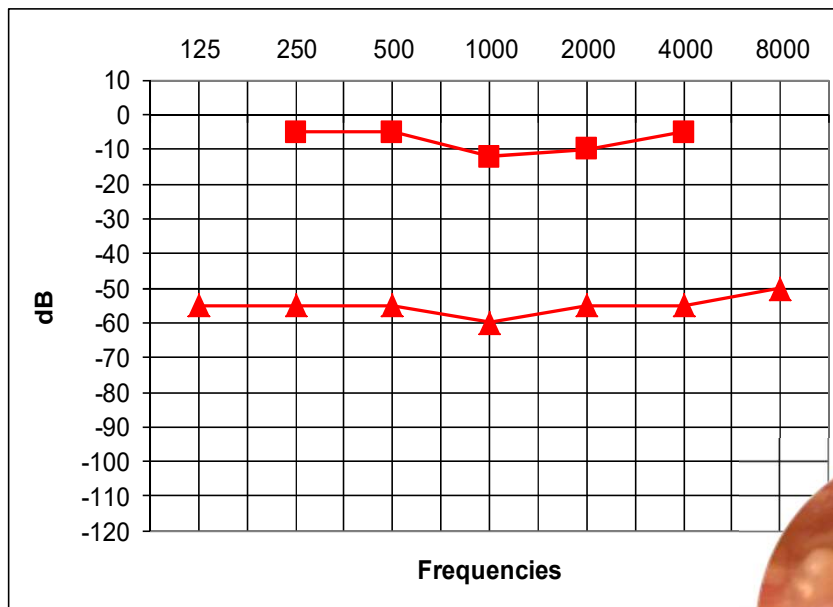
Audiometric assessment

- PTA value of AC and BC at 0.5, 1, 2, 4 KHz
- Air bone GAP
- Speech discrimination in quiet (dissyllabic words)
- Binaural hearing Fra-Matrix, sound localisation

Quality of life

- GHSI (*Glasgow Health Status Inventory*)
- SSQ focused on binaural systems
- Patient satisfaction, adverse effects complication
- Tinnitus : THI

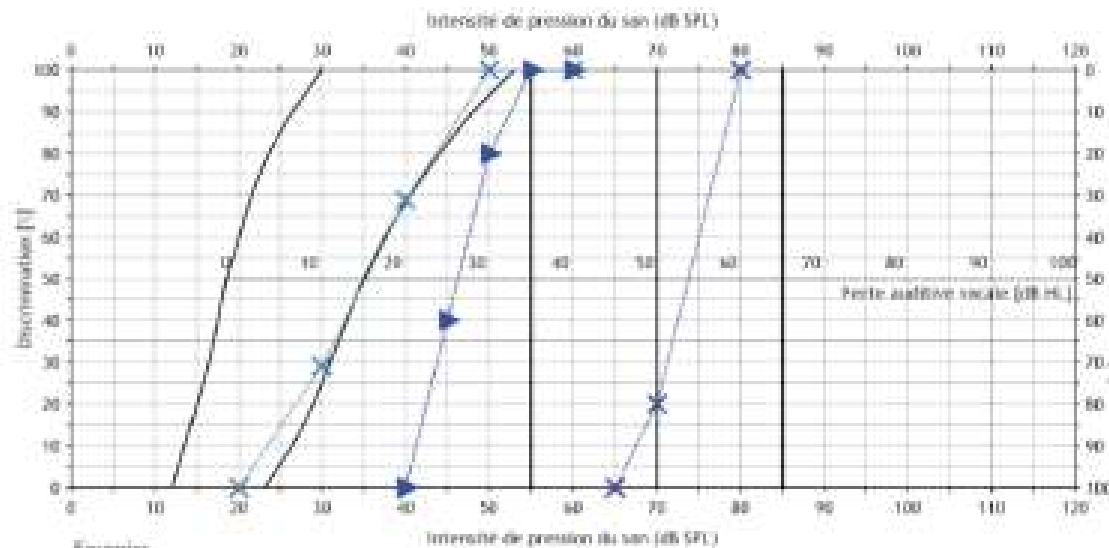
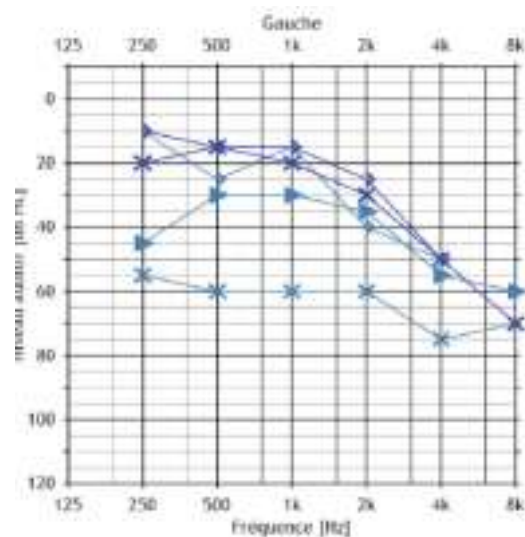
POPULATION



Mean PTA : 53dB

- The main symptoms associated were tinnitus (68%)

AUDIOMETRIC RESULTS

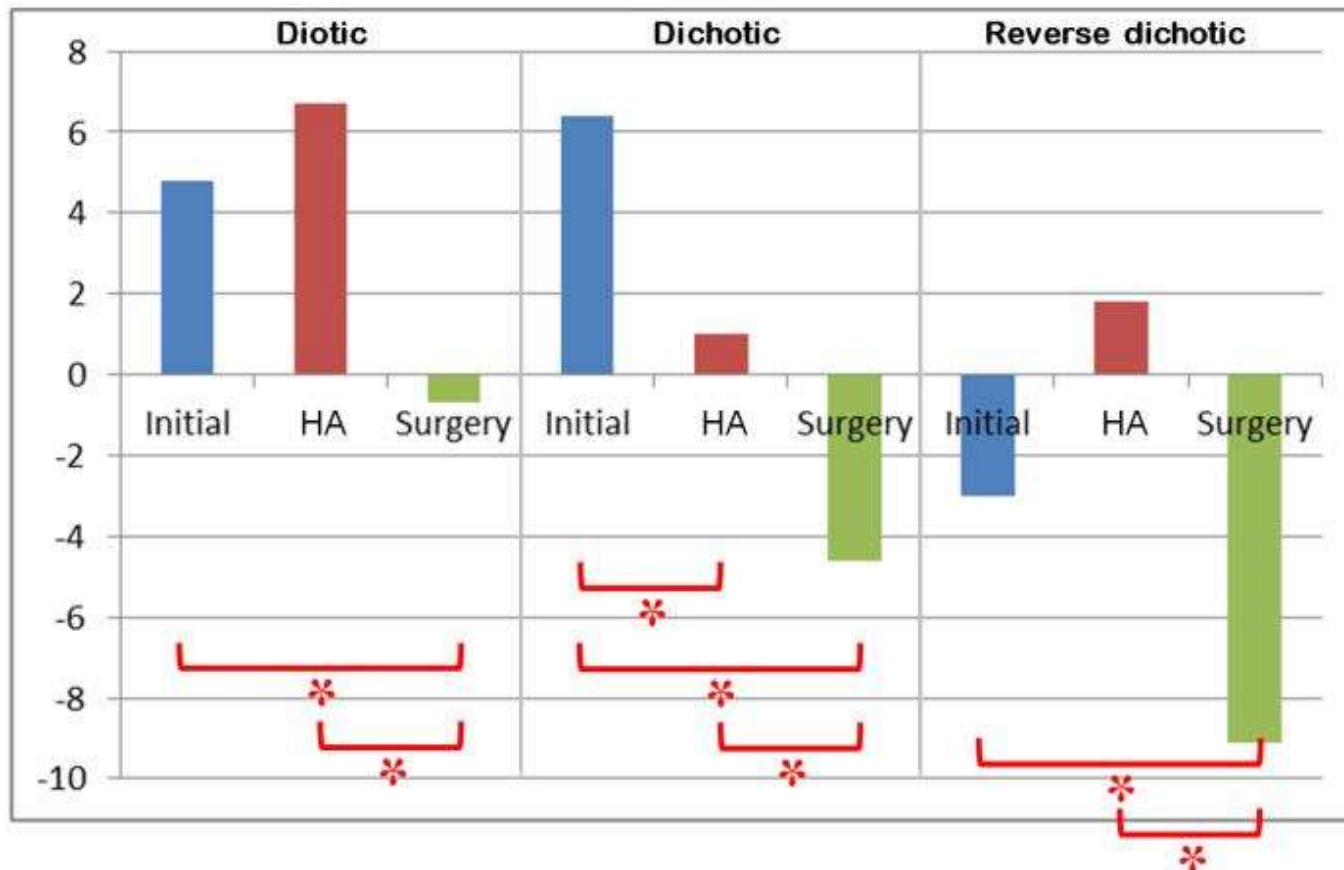
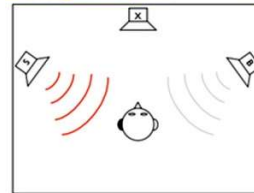
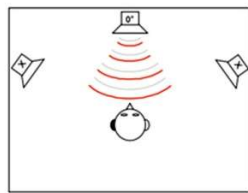


● PTA

● Discrimination

	Baseline	HA	p. Value	Surgery	p. Value
PTA	53dB	-13dB	0.0002	-24.9dB	0.0001
ABG	33dB	-13dB	0.0002	-24dB	0.0001
SD		15%	p. 0.02	+53%	p. 0.0004

BINAURAL HEARING / MATRIX



OVERALL RESULTS



Hearing aid

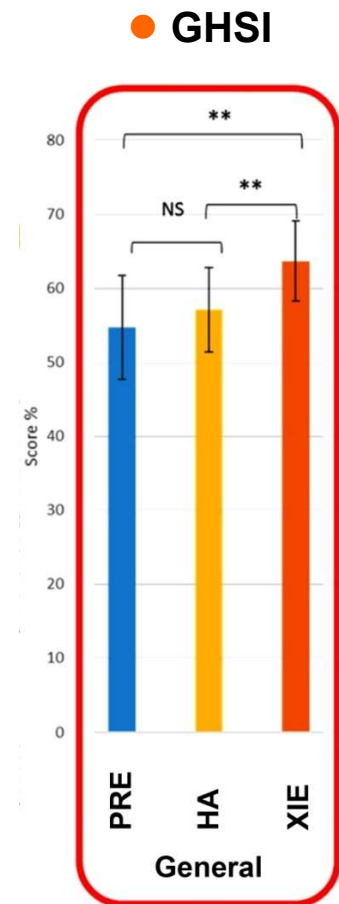
VS



Stapes surgery

- Despite more adverse effect, stapedotomy versus HA showed greater improvement in :

- ▶ QoL Tinnitus
- ▶ Audiometric performance
- ▶ Binaural hearing

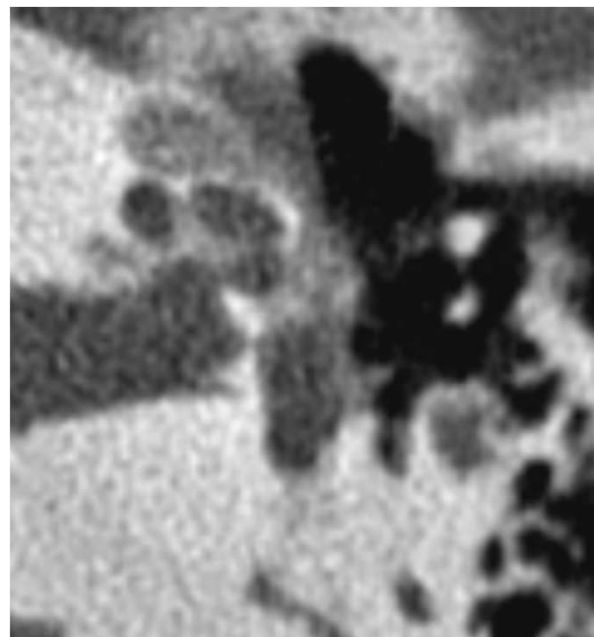
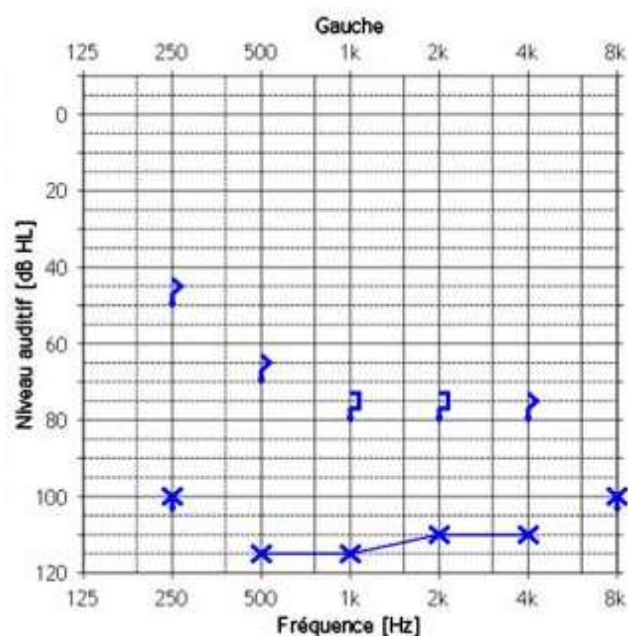


OTOSCLEROSIS IN SEVERE HEARING LOSS

Far advance otosclerosis

1 - Black audiogram no response

- ▶ CT Scan evidence of otosclerosis focus



POPULATION

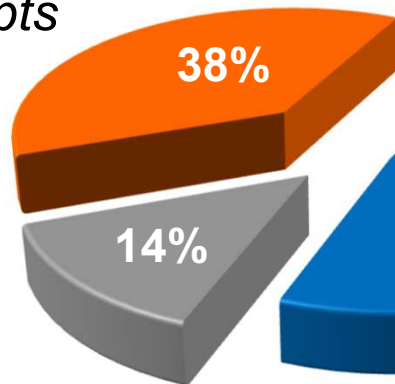
> Otol Neurotol. 2015 Mar;36(3):e73-8. doi: 10.1097/MAO.0000000000000692.

Decisive criteria between stapedotomy and cochlear implantation in patients with far advanced otosclerosis

Bilal Kabbara¹, Clement Gauche, Marie-Noelle Calmels, Benoit Lepage, Bernard Escude, Olivier Deguine, Bernard Fraysse, Mathieu Marx

Stapedotomy + CI

25 pts



Stapedotomy alone

32 pts

N : 660

CI alone

9 pts

Preop data

	Air Conduction	Word Discrimination Score	Bone Conduction
Group A : Stapedotomy	104,5 dB	12%	64 dB
Group B + C CI alone / CI + Stapedotomy	109 dB	12%	69,5 dB
	NS	NS	$p < 0.001$

OVERALL RESULTS

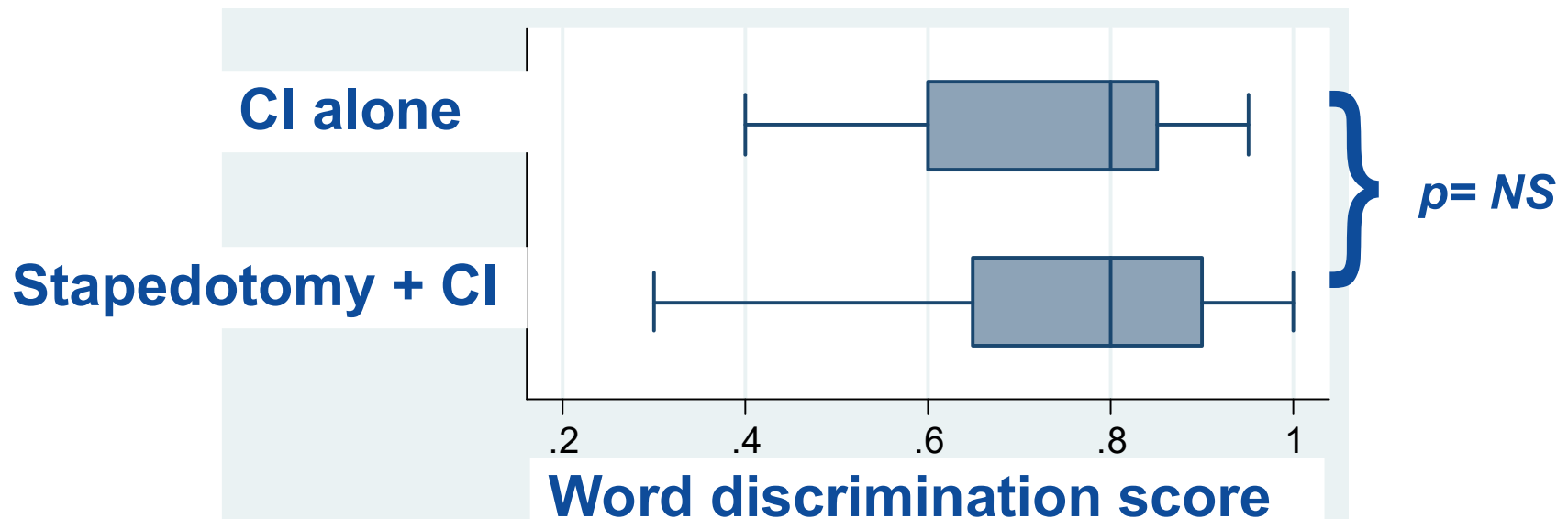
	Mean Word Discrimination Score	% Patients <u>scoring</u> ≥ 50%
Group A : Stapedotomy	50,6%	60%
Group B + C CI alone / CI + S	72.8%	89%

p = 0.002

p= 0.027

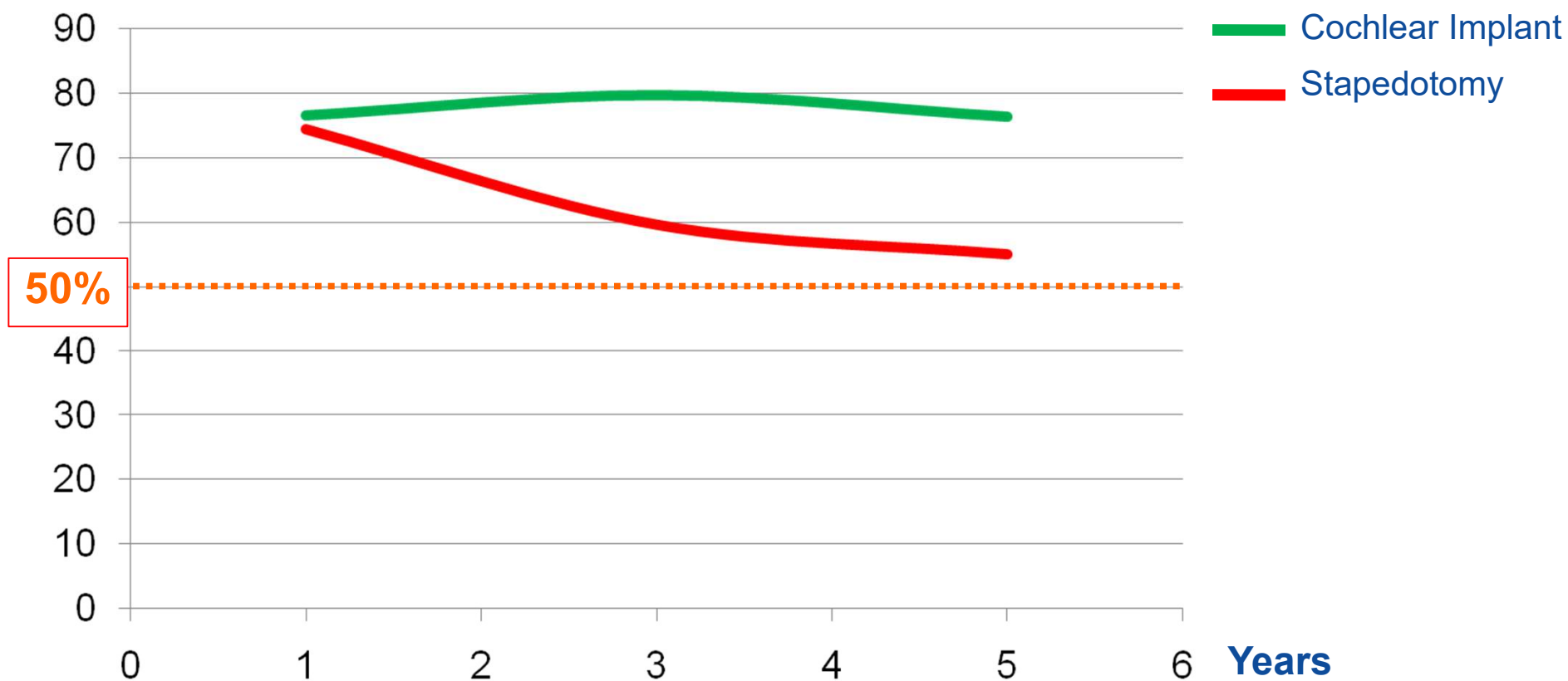
PREDICTIVE FACTORS OF CI OUTCOMES

Cochlear Implant group



➔ Previous stapedotomy has No impact on Cochlear implant outcome

LONG TERM RESULTS



ALGORITHM FOR MANAGEMENT

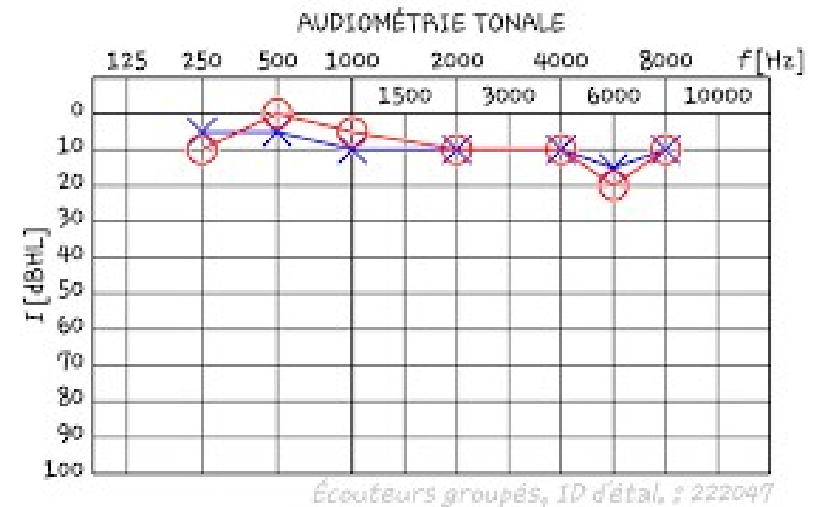
- Success of stapedotomy cannot be predicted pre-operatively
- Previous stapedotomy has no impact on cochlear implant results



PATIENT WITH NORMAL HEARING AND SEVERE PULSATIL TINNITUS THI>56

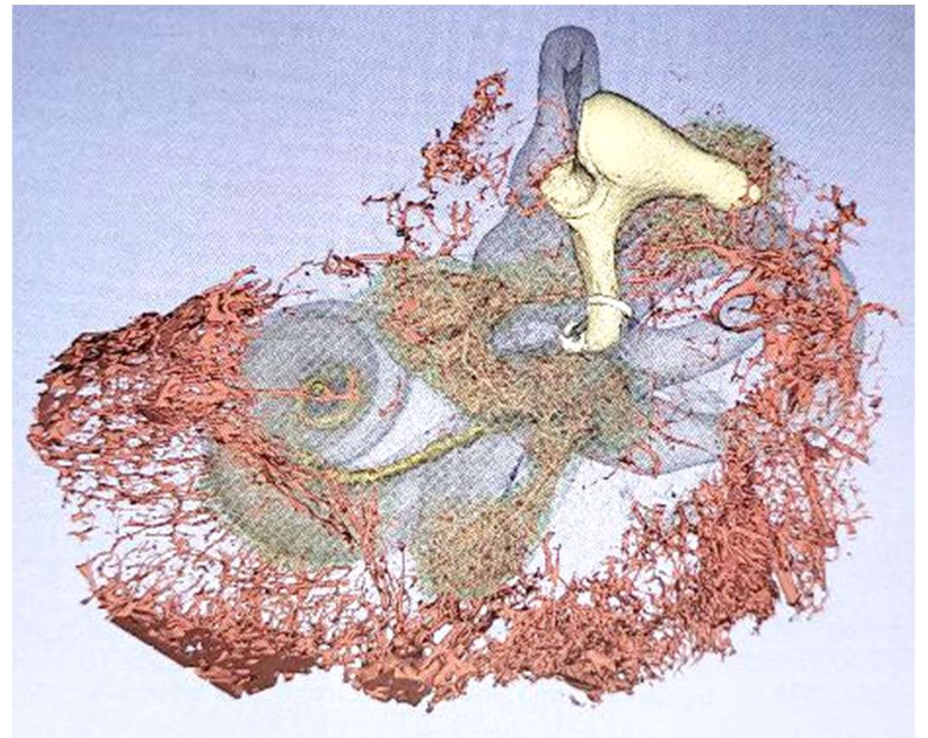
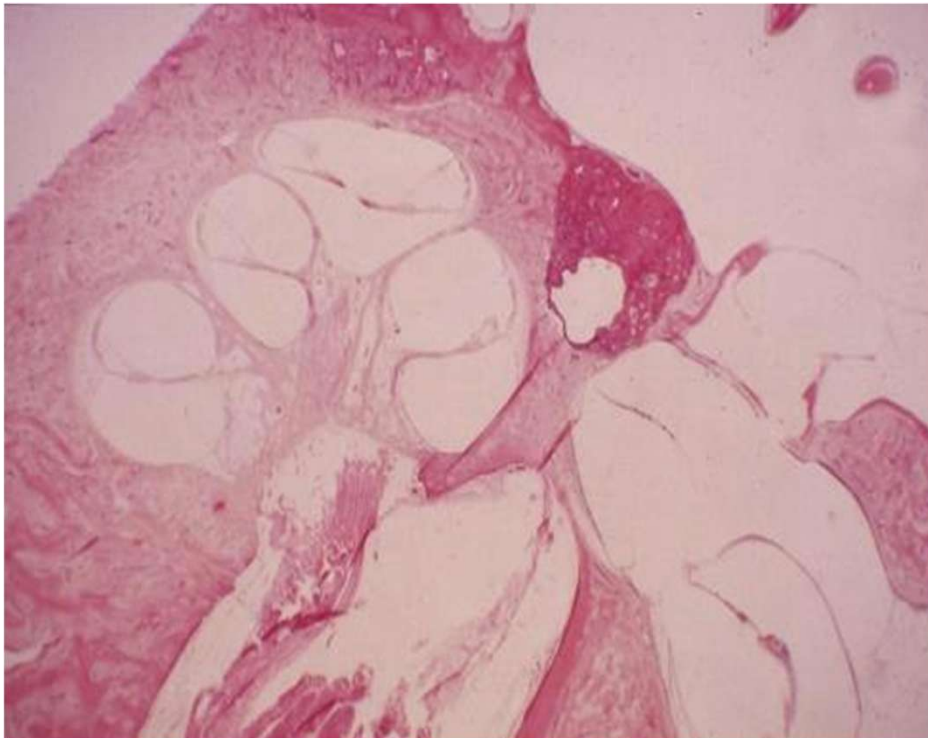
Mr G. 31 years old

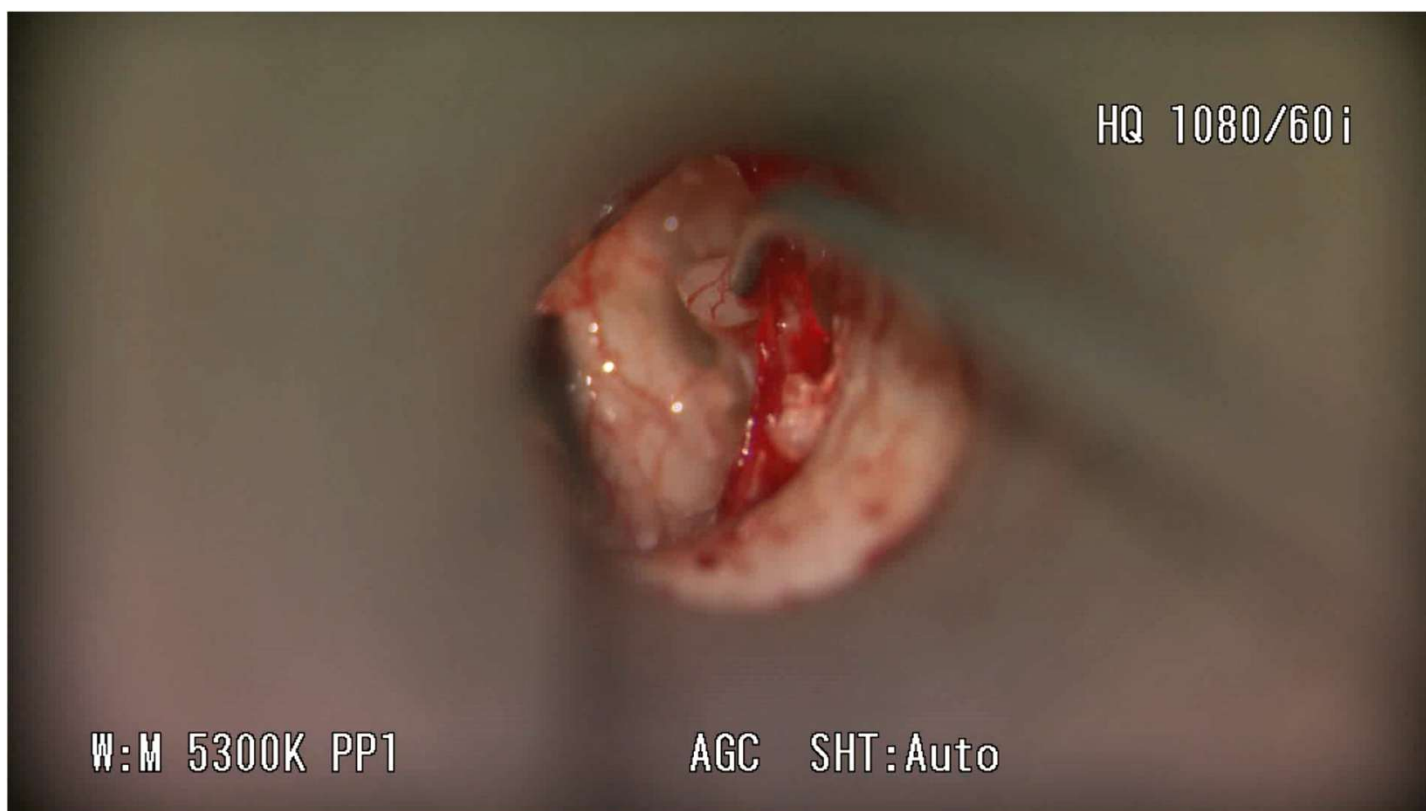
- Pulsatil tinnitus
- Severity THI 52/100
- Not modified by vascular compression
- 70% show a significant improvement on THI



Synchrotron Phase-Contrast Imaging and Cochlear Otosclerosis: A Case Report

Dina Giese^a Helge Rask-Andersen^a Hanif M. Ladak^{b,c,d}
Sumit Agrawal^{b,c,d} Hao Li^a





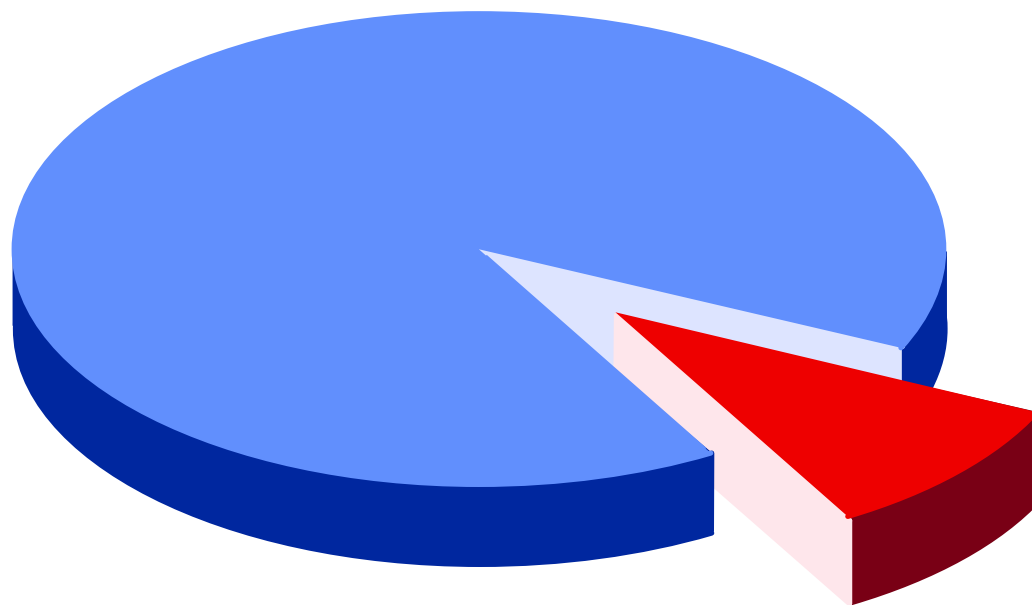
CONCLUSION



Thank you for your attention

REVISION SURGERY

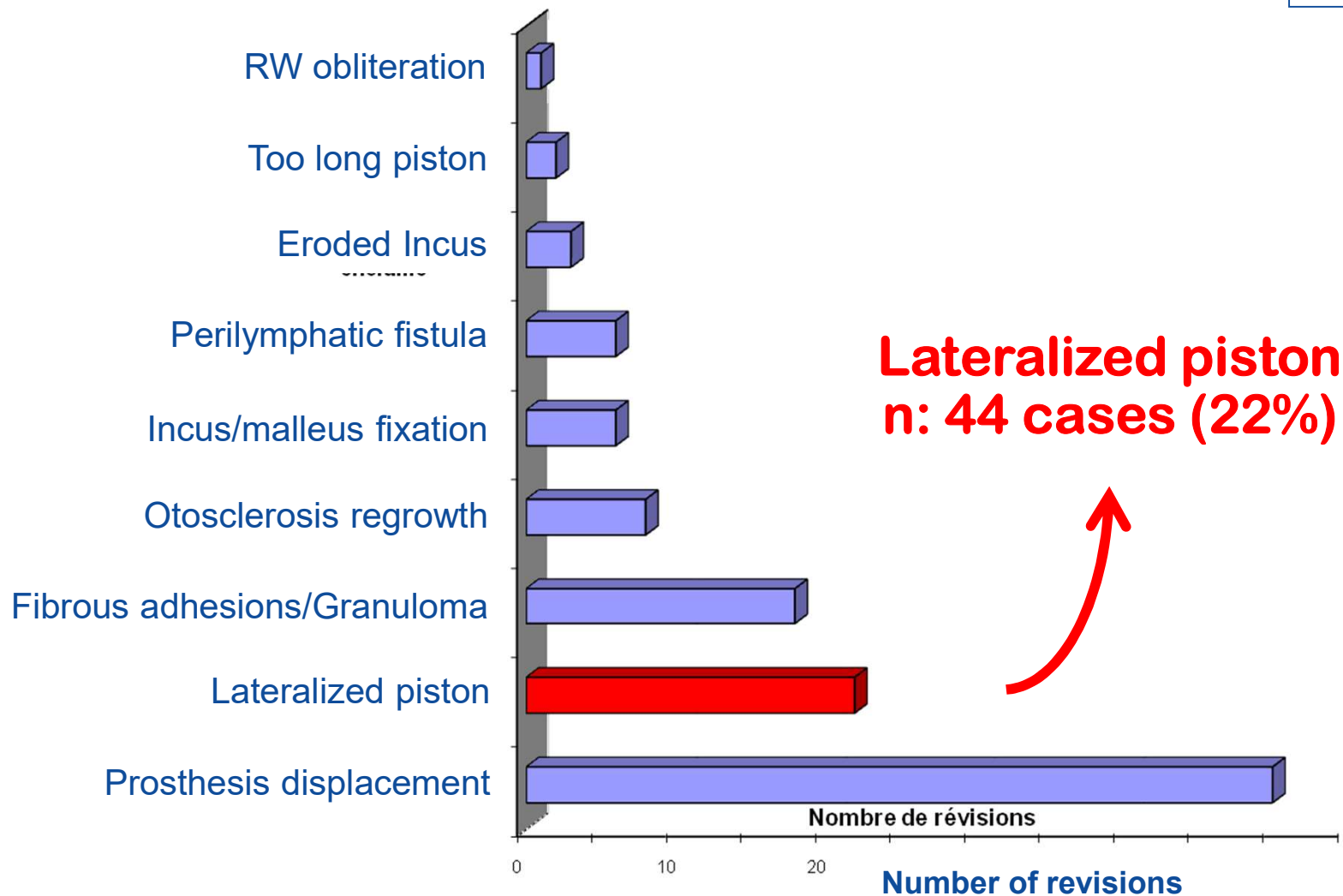
2180 surgeries
1993 - 2013



202 Revisions
9%

REVISION SURGERY

202 cases

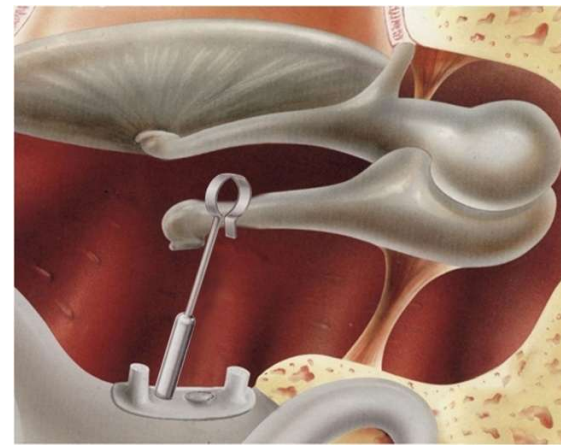
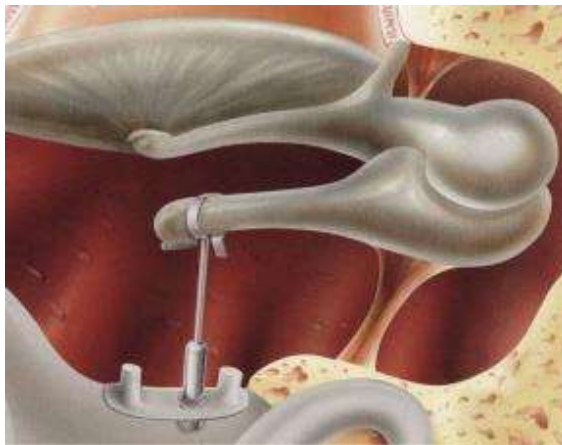


DEFINITION

Otology & Neurotology
30:1138–1144 © 2009, Otology & Neurotology, Inc.

Revision Stapes Surgery: The “Lateralized Piston Syndrome”

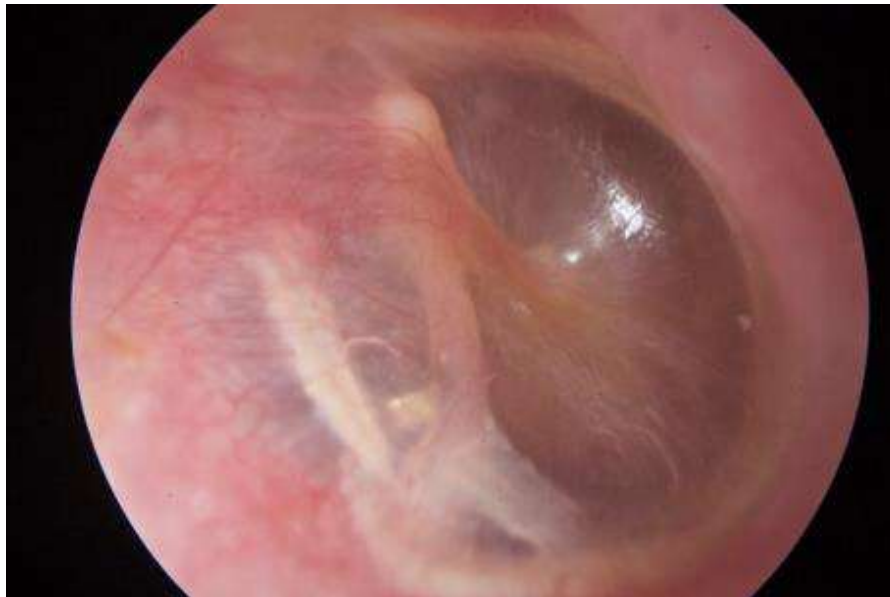
*Sebastien Lagleyre, *Marie-Noelle Calmels, †Bernard Escudé,
*Olivier Deguine, and *Bernard Fraysse



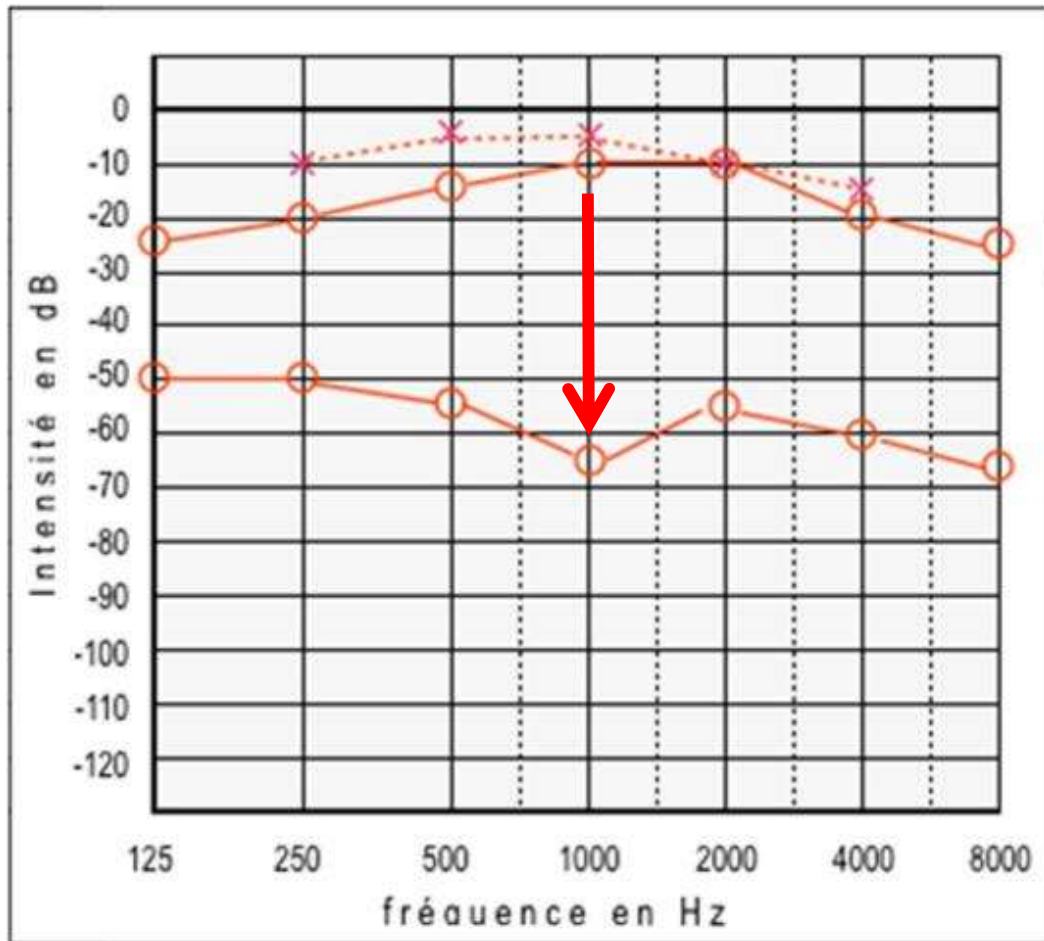
- Lateral displacement of the piston, with partial erosion of the incus and closing of the stapedotomy hole

CLINICAL SYMPTOMS

- Delayed post operative conductive hearing loss
- Hearing fluctuation improved after Valsalva
- Otoscopy : prosthesis loop against the tympanic membrane



PURE TONE AUDIOGRAM



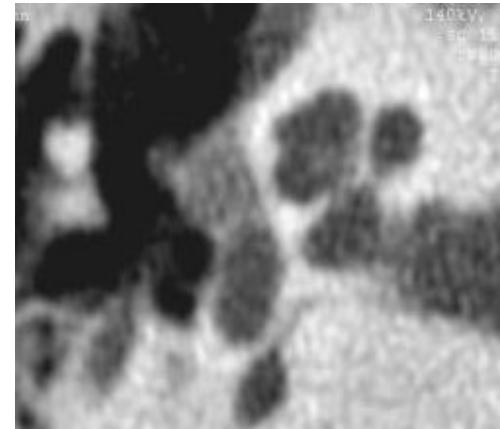
◀ Postoperative audiogram

◀ Secondary conductive hearing loss

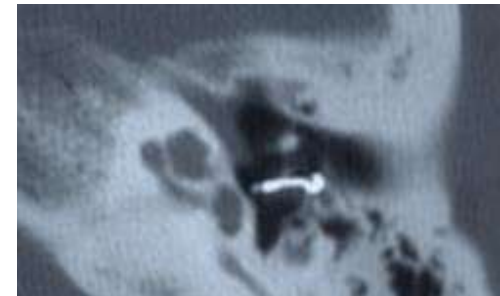
Mean Air Conductive : 60 dB

RADIOLOGICAL FINDINGS

■ Positive focus in 94%



■ Position of the piston nearby the tympanic membrane



■ Piston out of the stapedotomy hole



SURGICAL FINDINGS

- Lateral displacement of the piston in the axis of the stapes. No or partial erosion of the incus



- Closing of the stapedotomy hole



OVERALL RESULTS – TYPE OF PISTON



	Conventional piston	Curved piston	TORP
N	31	9	6
Rinne \leq 10 dB	48%	55%	0
Rinne \leq 20 dB	93%	85%	50%

NS

Significant $p < 0.05$

IA / OTOSCLEROSIS



IA AS A DIGITAL HEALTH ADVISOR

Chat GPT-4

➤ Front Surg. 2024 Jun 5;11:1373843. doi: 10.3389/fsurg.2024.1373843. eCollection 2024.

Evaluating ChatGPT-4's performance as a digital health advisor for otosclerosis surgery

Samil Sahin ¹, Burak Erkmen ¹, Yaşar Kemal Duymaz ², Furkan Bayram ², Ahmet Mahmut Tekin ³, Vedat Topsakal ³

- 15 questions regarding indications, surgical technique and follow-up were submitted to Chat GPT-4.
- His answers were analyzed by three experts

	Expert 1	Expert 2	Expert 3	Moyenne
Pertinence score de discernement	49	50	52	50,7

UTILITY OF DEEP LEARNING IN THE DIAGNOSIS OF OTOSCLEROSIS BY CT

Automated detection of otosclerosis with interpretable deep learning using temporal bone computed tomography images

Heliyon (IF 3.6 Submission Guide >) Pub Date: 2024-04-15 , DOI:10.1016/j.heliyon.2024.e29670

Zheng Wang, Jian Song, Kaibin Lin, Wei Hong, Shuang Mao, Xuewen Wu, Jianglin Zhang

Automatic detection
N: 175 patients

- The algorithm uses NetB4 with a specificity of 98%, analyzing only pre-stapedial forms

> *J Imaging Inform Med.* 2024 Dec;37(6):2931-2939. doi: 10.1007/s10278-024-01079-w.
Epub 2024 Jun 26.

Artificial Intelligence for Otosclerosis Detection: A Pilot Study

Antoine Emin¹, Sophie Daubié¹, Loïc Gaillandre², Arthur Aouad³, Jean Baptiste Pialat^{1 3},
Valentin Favier⁴, Florent Carsuzaa⁵, Stéphane Tringali^{3 6 7}, Maxime Fieux^{8 9 10}

N: 382 patients

- The authors found the same specificity of 98% on the pre-stapedial and retro-cochlear forms, but the reliability decreases considerably in the early forms, to 35%

HAS

