# The future of inner ear drug delivery

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Inserm U1008: Controlled Drug Delivery Systems and Biomaterials





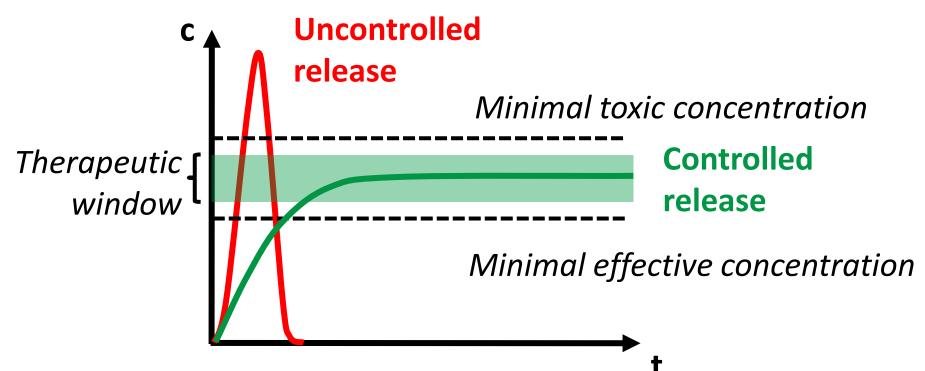




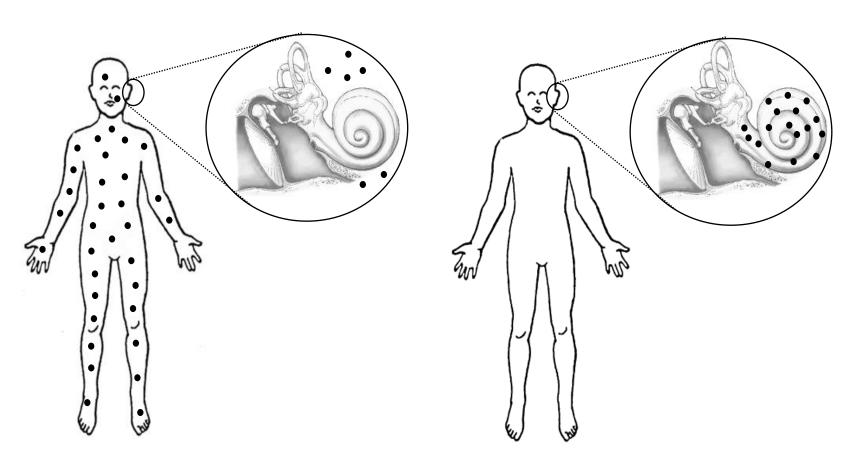
# Why Controlled Drug Delivery?

Drug concentration at the site of action





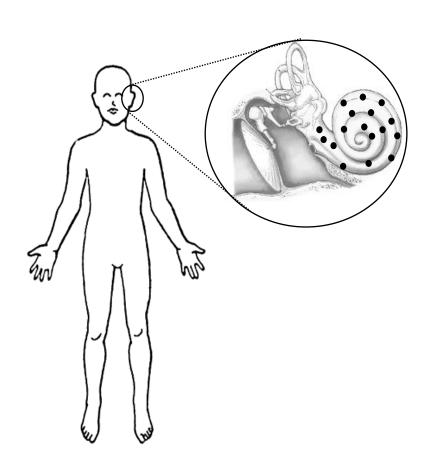
# Drug delivery to the inner ear



General administration

Intra-cochlear administration

# Blood-Cochlear barrier



1- Middle ear administration and cochlear diffusion via the round window

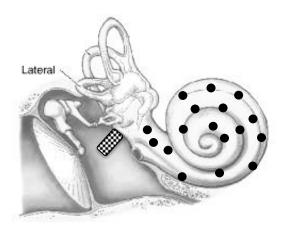
2- Cochlear injection

3- Cochlear administration with controlled diffusion: drug eluting devices

## Intracochlear devices



## Extracochlear devices





#### International Journal of Pharmaceutics

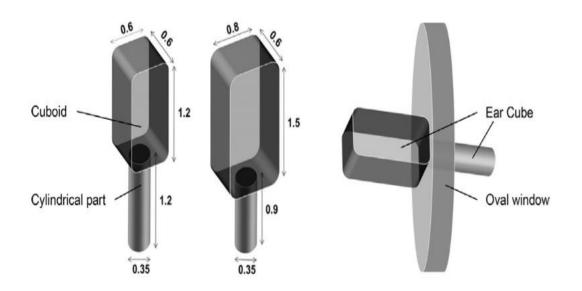
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#### Ear Cubes for local controlled drug delivery to the inner ear



M. Gehrke<sup>a,b</sup>, J. Sircoglou<sup>a,b,c</sup>, D. Gnansia<sup>d</sup>, G. Tourrel<sup>d</sup>, J.-F. Willart<sup>a,e</sup>, F. Danede<sup>a,e</sup>, E. Lacante<sup>a,b</sup>, C. Vincent<sup>a,b,c</sup>, F. Siepmann<sup>a,b</sup>, J. Siepmann<sup>a,b,\*</sup>



#### **Results: DXM Release**

## Silicone-based implants

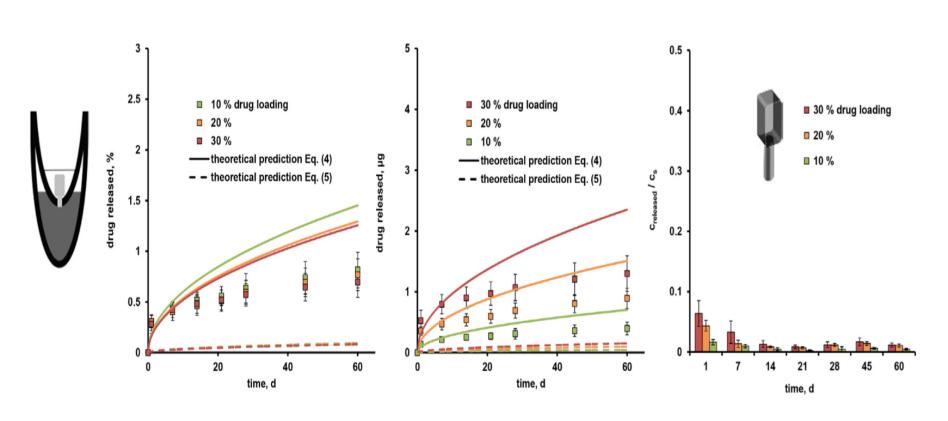
Drug release was prolonged and continuous during the observation period (90 days for implants).

$$\frac{M_t}{M_{\infty}} = 1 - \frac{8}{\pi^2} \sum_{n=0}^{\infty} \frac{1}{(2n+1)^2} exp\left(\frac{-D(2n+1)^2 \pi^2 t}{L^2}\right)$$

relative drug release

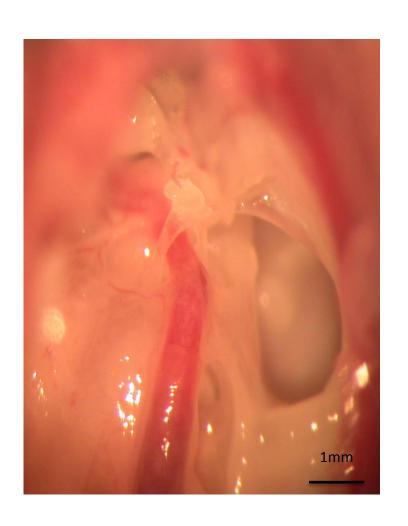
absolute drug release

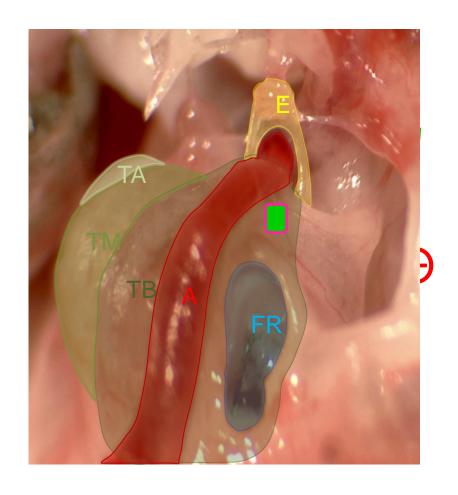
drug saturation



# Materials and methods: Implantation

12 Mongolian gerbils implanted bilaterally





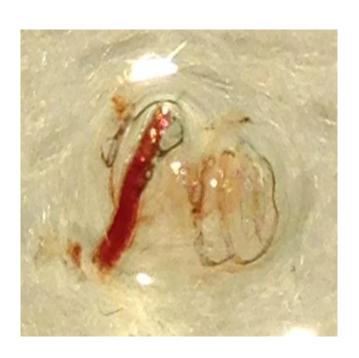
Risoud et al, Hear res, 2016

# **Materials and Methods**

 Cochlea preparation: dissection, fixation (and decalcification for the whole cochlea)



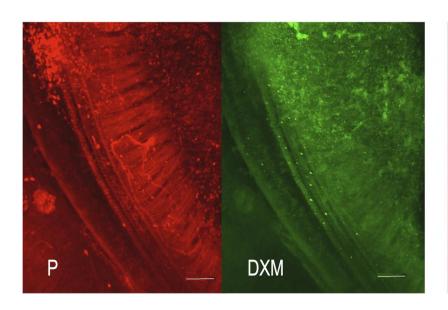


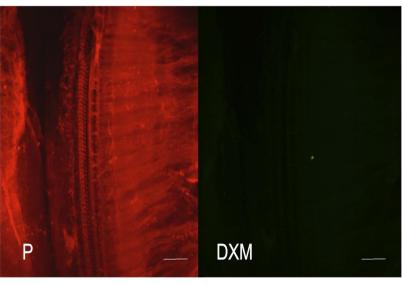


organ of Corti

whole transparent cochlea

# Controls



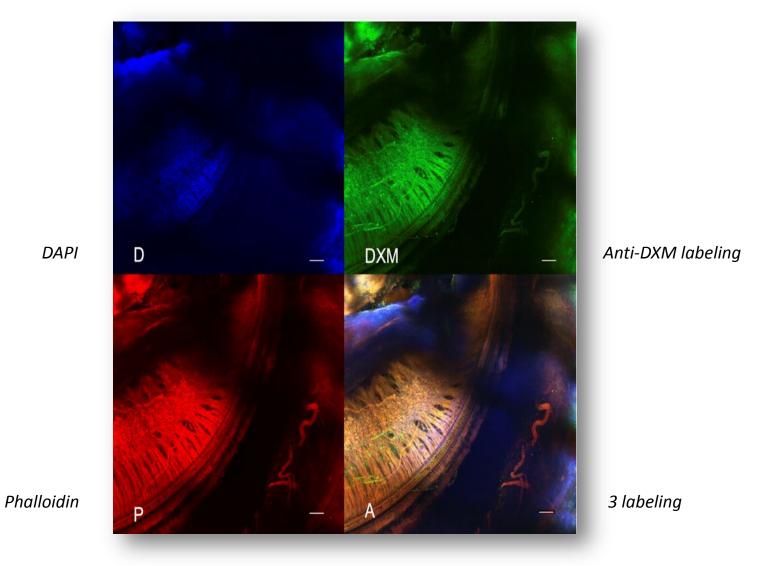


Positive: DXM intratympanic injection

Negative: saline & unloaded ear cube

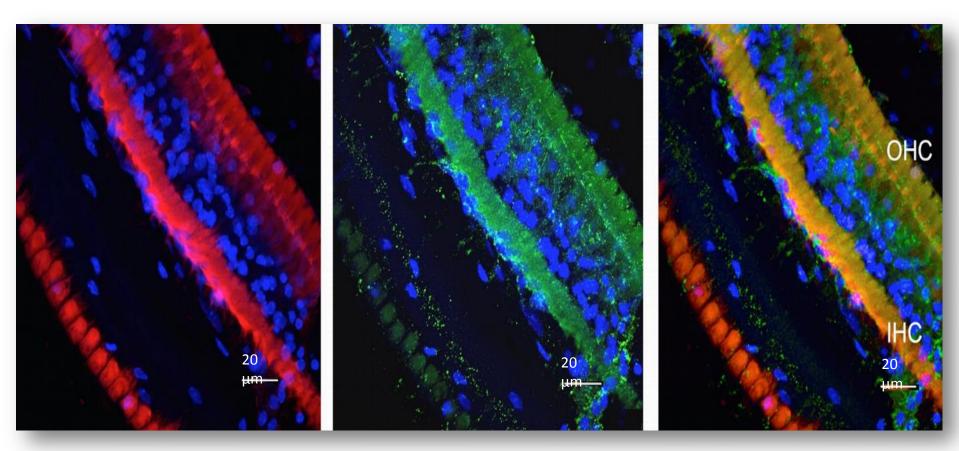
#### **Results: Confocal Microscopy with DXM cube**

#### Detection of specific anti-DXM fluorescence (green labeling) in the hair cells



#### **Results: Specific labeling**

# Location of anti-DXM labeling in inner hair cells and outer hair cells of organ of corti



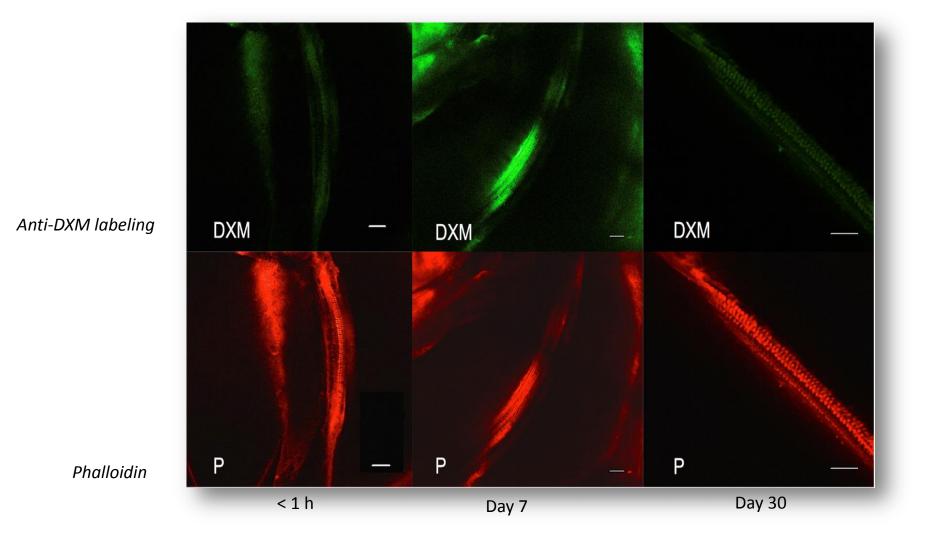
Phalloidin, DAPI

DAPI, anti-DXM labeling

Phalloidin, DAPI, anti-DXM labeling

#### **Results: Staining intensity**

Detection of anti-DXM labeling inside hair cells 20 min post-implantation and even at day 30. Climax for the cochlea collected at day 7 post-implantation.



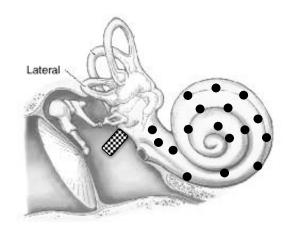
#### **Conclusion**

- A new device for local drug delivery into the inner ear using a nondegradable polymeric silicone matrix placed at the level of the oval window
- Continuous and prolonged release from DXM-loaded implants for 90 days adapted for chronic ear disease treatment
- Carrier for other drugs or therapies (e.g. gentamycin, diuretics...).

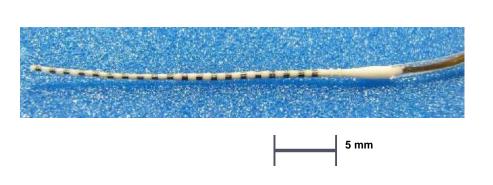
## Intracochlear devices

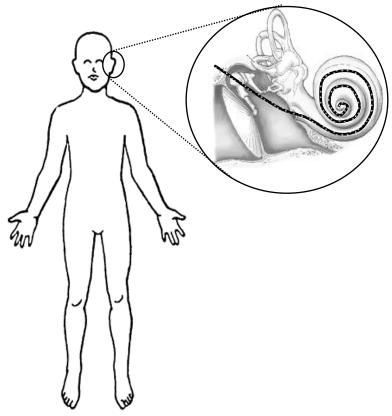


## Extracochlear devices



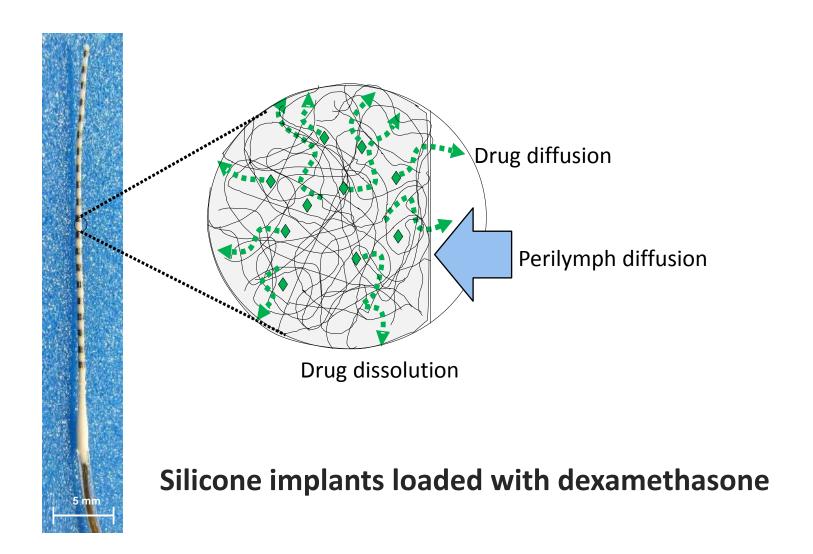
## Modified electrode: Drug is added to the silicone matrix



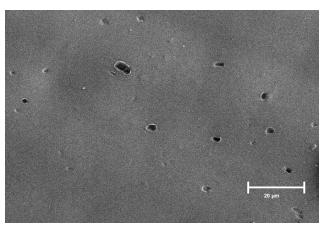


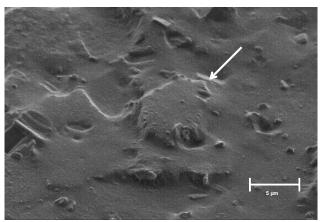
Intra-cochlear implants

# Drug release mechanisms



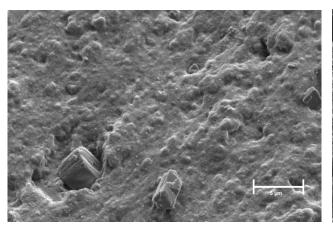
# Physical state of the drug: SEM of cross sections

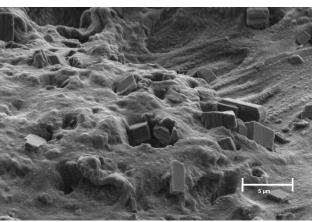




surface of a polymeric film loaded with 10 % DXM, cross section of an extrudate loaded with 1 % DXM

cross section of a polymeric film loaded with 10 % DXM cross section of an extrudate loaded with 10 % DXM.



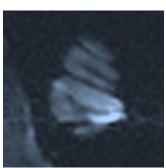


# Implantation of DXM+ and DXM - electrodes

Pre-op hearing testing

- Implantation of 20 gerbils:
  - one ear with a DXM+ electrode (1 & 10 %),
  - the other with a DXM- electrode

Post-op hearing testing @ 1 month and 1 year



# In vivo study



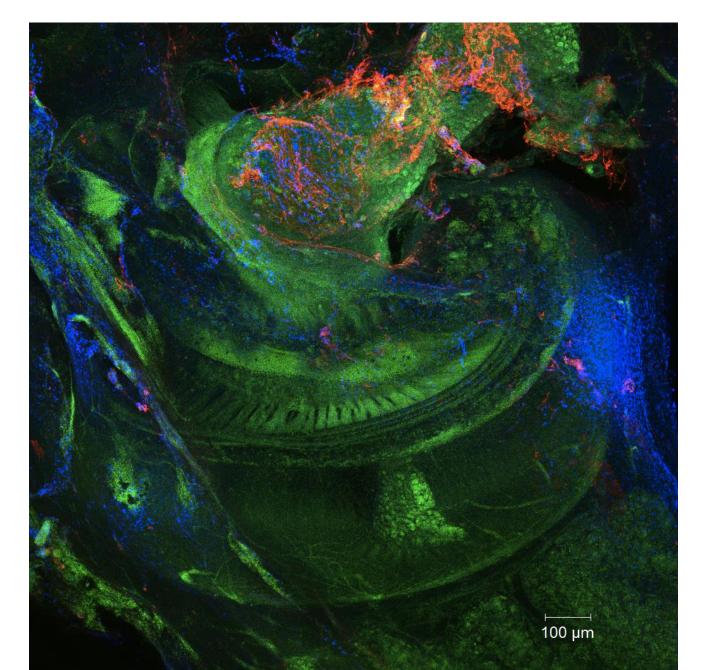
• Active dexamethasone electrode array with controlled release allows a better conservation of hearing thresholds at 1 month for 500, 1000, 2000, 4000 and 16000 Hz and at 1 year for 16000 Hz in our gerbil model.

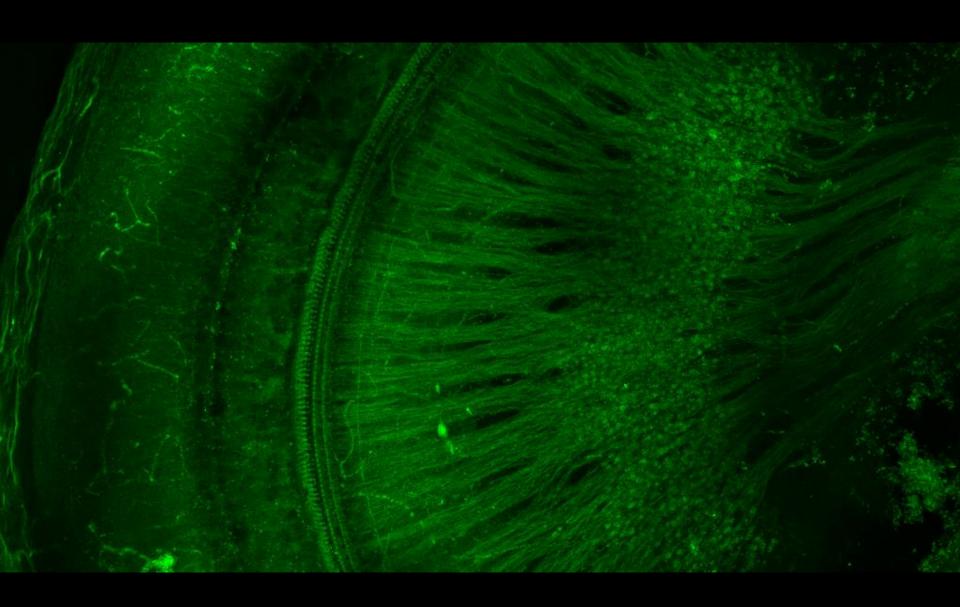
Krenzlin et al, J Control Release (2012) Douchement et al, Cochlear Implants Int (2014)

# Cochlear implants: long term safety?

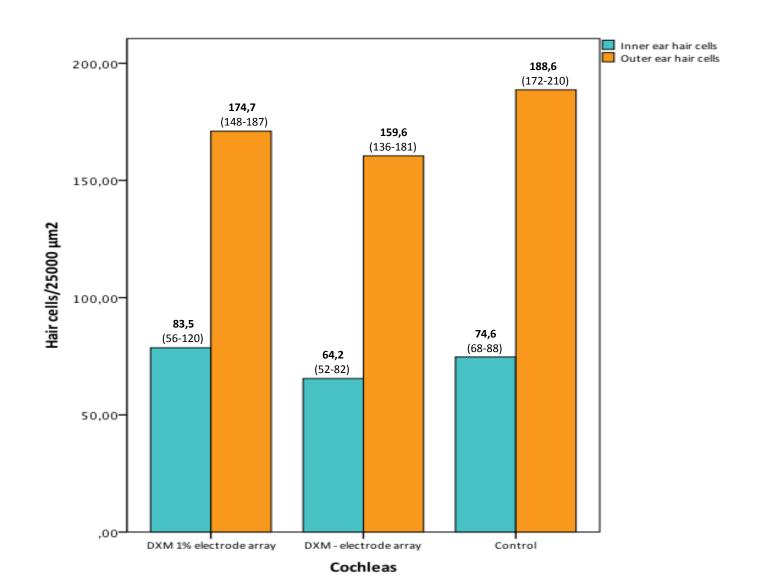


#### Confocal microscopy on whole transparent cochlea

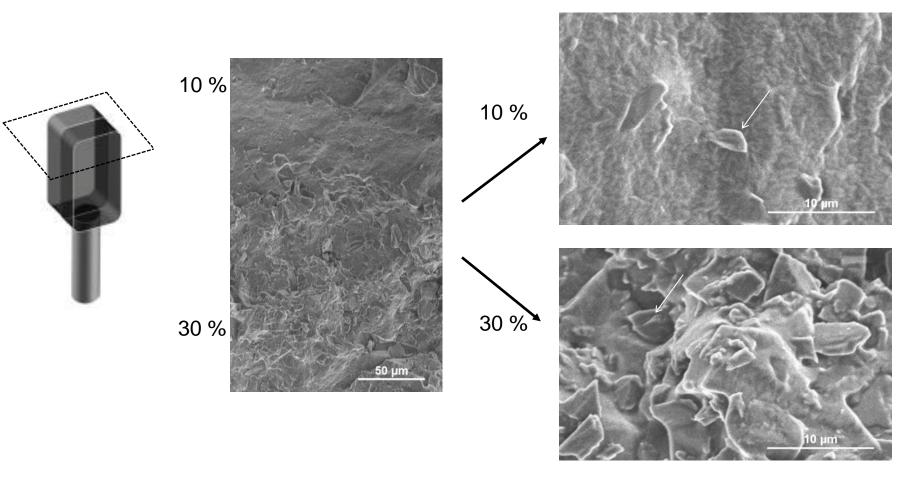




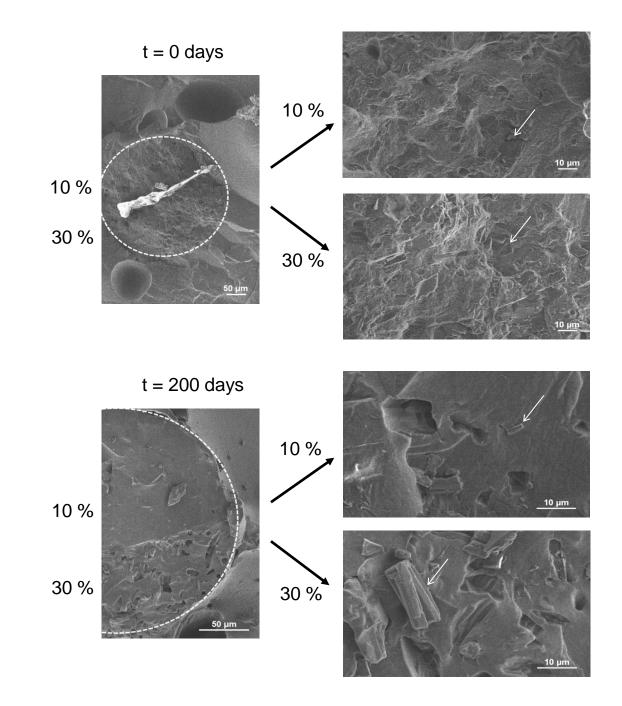
# Cell population



#### The drug loading was 10 and 30 % dexamethasone.



Sircoglou et al, Otol Neurotol . 36:1572-79 (2015)





## DXM + electrode & chronic implantation

- Change in the electrode/tissue interface
- Lower impedances than compared to the DXM side
- Imaging of transparent whole cochleas
  - confocal microscopy
  - lightsheet microscopy
- Study large surfaces and volumes
  - fibrosis: lower impedance=less fibrosis (to be confirmed!)
  - other intracochlear phenomenoms (apoptosis...)
- Difficult to obtain statistical significance (more animals)

# Preservation of cochlea after cochlear implantation

- Preservation of structure
  - less invasive electrode
  - better preoperative analysis of the cochlea
  - better control of insertion, better quality control
- Preservation of function
  - drug eluting electrodes
  - DXM is a starting point ("cochlear cocktail"?)
  - Controlled drug delivery is mandatory



# Inserm U1008: Controlled Drug Delivery Systems and Biomaterials: J. Siepmann, C. Vincent

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